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The Science of Happiness

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Nature in Paradise

Sved Tahsin Ahmed

What Is Spirituality and why is it so Unpopular?

Aadil Farook

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### Minneapolis OKs dawn Muslim prayer call, 1st for big US city



Minneapolis will allow broadcast of the Muslim call to prayer in early mornings and late evenings, becoming the first major U.S. city to allow the announcement over speakers five times a day, year-round. The Minneapolis Star Tribune reports that the vote came during the Muslim holy month of Ramadan. Minneapolis has a flourishing population of East African immigrants. Mosques are now common. Three of the 13 members of the council identify as Muslim. The decision drew support from Jewish and Christian leaders. The city allowed year-round broadcasts last year, but only between 7 a.m. and 10 p.m. The mayor is expected to sign the new measure, clearing the way for 5:30 a.m. calls in summer.

# The social audit report of 10 Muslim-concentrated districts exposes the hollowness of "sab ka saath, sab ka vikas" slogan



Abdul Bari Masoud

New Delhi: Contrary to what the federal and state governments claim, Muslims in India trail behind in every measure of progress. A thorough social audit assessment of 10 Muslimdominated districts in Bihar, West Bengal, Assam, and UP has confirmed this fact. On April 15, the research findings were presented at the Press Club of India in front of a large crowd of journalists, campaigners, and public intellectuals.

The audit report, titled 'Marginalization of Muslims in Ten Minority Concentration

Reveals Muslims face systematic discrimination in all welfare schemes

Page



Districts: Bringing the Equity Question Back Into the Political Discourse', highlights the socioeconomic challenges faced by minorities in these districts and

challenges the narrative around the alleged "rise of radical Islam" in border areas of India.

The audit focused on ten districts that have a significant Muslim

population of approximately 14.1 million, representing 52% of the district's overall population.

The report was authored by researchers Dr. Sajid Ali and Dr. Bano Jyotsna under the auspices of the SPECT Foundation.

Prashant Tandon, a senior journalist, underlined the significance and applicability of such fact-finding research by stating that Muslims are one of India's most persecuted social groups and that their persecution is related to their systematic exclusion from government development programmes. "As a result, studies like this one are important for measuring prejudice against Muslims. All relevant parties will be made aware of this

**>>** Page 12

### Islamic Coin: World's first Sharia-compliant cryptocurrency

#### Tala Michel Issa

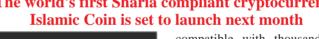
The world's first Sharia compliant cryptocurrency, Islamic Coin, will be launched to the public next month, one of its co-founders told *Arabian Business* 

#### But what makes it halal?

Islamic Coin, still in private sales mode, operates on the Haqq Blockchain, a network that is

to launch in May, co-founder reveals

The world's first Sharia compliant cryptocurrency





compatible with thousands of applications worldwide.

Haqq, which means 'truth' in Arabic, stringently abides by Islamic principles and traditions on finance, with the Islamic Coin being its native cryptocurrency.

The currency, still in private sales mode, has been gaining support from venture capitals and financial institutions. According to Islamic Coin co-founder, Mohammed AlKaffAlHashmi, this support will build the community's trust and confidence in the currency's traction before its public release.

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#### Y P Rjesh & Sunil Kataria

Syed Mohammed Talha says he is proud that his seven-year-old daughter attends a prestigious Montessori school in the national capital region.

The school is expensive, with annual fees of Rs 2.55 lakh (\$3,113), but the Muslim businessman says he is happy he can afford it. "If I had a second child, I couldn't have afforded to send them both to this school," said Talha, 42, who lives in Noida. Talha's pleasure in having a small family underlines a growing trend among minority Muslims, long known for large families with the highest population growth rate across India's religious communities.

With India set to overtake China and become the world's most populous nation this month, the shrinking of its Muslim families underlines the success of its decades-old population control programmes and signals demographic stability, experts said.

Reuters spoke to six Muslim men and women as well as seven community leaders, population experts, and Islamic scholars. All agreed there was a marked increase in awareness among Indian Muslims about birth control and family planning.

Muslims are India's second largest

#### Birth control measures resonate among Muslims in India

The trend of smaller Muslim families has become visible in the last 15 years, with the National Family Health Survey showing a fall in the Muslim fertility rate



FILE PHOTO-Members of a Muslim family sit down for a meal in an old quarter of Delhi, India March 3, 2023. REUTERS/Joseph Campbell

religious community and accounted for 14.2% of the 1.2 billion population, according to the once in 10 years census in 2011. The majority of Hindus accounted for 79.8%.

The 2021 census has been delayed but the United Nations has projected India's population will touch 1.42 billion this month. The country's Muslim population is the world's third largest after Indonesia and Pakistan

The trend of smaller Muslim

families has become visible in the last 15 years, with the National Family Health Survey showing a fall in the Muslim fertility rate – the average number of children a woman has – to 2.4 in 2019-21 from 2.6 in 2015-16 and 3.4 in

Although at 2.4 it is still higher than all other communities, the decline is also the fastest, almost halving from 4.4 in 1992-93.

#### Islam And Birth Control

2005-06.

In a community that is mostly conservative, some Muslim priests, or imams, have played a large role in bringing about the change.

"There is a misconception among Muslims that Islam doesn't allow the use of birth control measures," said Maulana Khalid Rasheed, the imam of the Lucknow Eidgah in Uttar Pradesh, India's most populous state.

"But the Shariat talks of family planning," he said referring to Islam's sacred laws. "It is our responsibility to clear these misconceptions. We have c o n d u c t e d a w a r e n e s s programmes, made appeals, speeches about what Shariat has said about such issues."

Experts said more needs to be done to target less educated, poorer Muslims living outside the cities.

Government health workers in parts of the eastern state of Bihar said they regularly meet leaders of local mosques and request them to suggest birth control to men after Friday prayers but the results have not been encouraging.

"Islam advocates wholesome families and it is for people to decide how many children they want to have," said Ahmed Daikundh, the custodian of the Al Azar mosque in Kishanganj, an impoverished rural district in Bihar.

Although birth rates were high in the area, Daikundh said his generation was having fewer children compared to the previous.

"We are seven brothers and four sisters and each of us has four or five children," he said.

Shahid Parvez, a handicrafts exporter in Moradabad city in Uttar Pradesh and a relatively wealthy Muslim said he was one of six siblings. The 65-year-old said he made sure he had a small family - he has two sons and one daughter - and that his children went to university.

His daughter Muneeza Shahid, who is a teacher in Delhi and got married recently, is not planning to have children immediately but finances are not the reason for that, she said.

"We want to live life for ourselves also," she said.

#### **Unmet Need**

Still, attitudes were changing

among poorer Muslims too, especially the younger generation, said Poonam Muttreja, executive director of the voluntary organization Population Foundation of India.

"Young people are exposed to digital media and they know how the other half lives, not the Hindus, but the better off," she said.

Experts say the public health system is now unable to keep up with the demand for birth control services from people who are aware about their usefulness, also called an unmet need.

Government data from 2019-21 indicates 11.8% of the Muslim population had an unmet need to help space out or limit children. The data also shows that the Muslim fertility rate of 2.4 is fast dropping toward the Hindu rate of 1.94.

S.Y. Quraishi, the author of a book titled "The Population Myth – Islam, Family Planning and Politics in India", said the fall in fertility among Muslims counters frequent criticism from Hindu nationalist politicians and their claims about a soaring Muslim population.

"The propaganda that Muslims are overtaking the Hindus is absurd," the former top bureaucrat said.

"Muslims are adopting family planning much faster than Hindus and if you meet their unmet need, they will do better."

(Source: https://www.reuters.com/world/india/indias-birth-control-measures-resonate-among-its-muslims-priests-play-role-2023-04-12/)

(Reporting By YP Rajesh In New Delhi, Additional Reporting By Joseph Campbell And Sunil Kataria In Moradabad And Rupam Jain In Kishanganj; E d i t i n g B y R a j u Gopalakrishnan)

# Supreme Court will hear Polygamy and Nikah Halala matter after Vacation



New Delhi: On April 20, the Supreme Court heard a number of petitions about polygamy and nikah halala. The court has stated that it will resume hearing the case after the summer break. The twomember bench further ordered that each party receive a copy of the affidavit filed in the case by the Union of India. Jamiat Ulama-i-Hind(A) has filed a petition with the Supreme Court objecting to any judicial interference with Islamic religious practices pertaining to polygamy and nikah halala, arguing that courts are not permitted to meddle in any religion's privacy rules.

One of the petitioners in the case is a lawyer and former BJP spokesperson Ashwini Kumar Upadhyay, who is well-known for submitting such petitions pertaining to Muslim Personal Law. Nafisa Khan and other Muslim women questioned the constitutionality of polygamy and nikah halala.

In his PIL, Upadhyay sought that

polygamy and nikah halala be declared unconstitutional and unlawful.

JUH filed an intervention petition seeking to be heard before SC decides on Upadhyay and others' plea for criminalizing polygamy, nikah-halala. It argued that "provisions of personal laws cannot be challenged by the reason of fundamental rights".

Appearing on behalf of the Jamiat Ulama-i-Hindu Ejaz Maqbool, an attorney on record, claimed that although the Union of India had filed an affidavit in the case, not all parties had access to a copy of it. On the basis of his argument, the bench ordered the government's lawyer to provide Jamiat Ulama-i-Hind and the other petitioners with copies of the affidavit.

It should be noted that a group of petitions challenging polygamy, nikah halala, nikah *mut'ah*, and nikah *misyar* practices among M u s l i m s a s b e i n g unconstitutional were filed with the apex court on March 23 of last year. The apex court sought a response from the Government of India and then scheduled the matter for adjudication before a five-judge constitution bench.

On August 30, 2017, a five-judge bench made the National Human

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#### IV Correspondent

Jaipur: Rajasthan MLA Wajib Ali, 40, breaks the stereotype of the traditional politician. He is a successful young Indian Muslim educator from Australia and was elected from the Nagar constituency in the Bharatpur district.

He ran for the Rajasthan Assembly with the hope of changing the eastern, Meodominated region where he was born and raised.

Ali was born into a Meo Muslim family and grew up in the Nagar block's Sikri village. In 2005, he left his home to attend Jamia Millia Islamia in New Delhi before moving to Australia to continue his education. He returned to Bharatpur in 2013 and ran for the State Assembly as a National People's Party candidate, however, he was defeated by incumbent MLA Anita Singh of the Bharatiya Janata Party.

Along with his two brothers, Ali manages eight colleges and a school in Australian cities like Sydney, Melbourne, and Brisbane. He also has a successful real estate firm there. He ran a fruitful election

#### Rajasthan MLA Wajib Ali Sets an Example in Public Life

campaign in the rural heartland during the December 2018 Assembly elections, winning the Nagar seat and becoming an MLA on the Bahujan Samaj Party ticket.

According to Ali, he returned to India with the intention of changing people's lives and enhancing the social climate in eastern Rajasthan. "Basic amenities are lacking in this area because it is the most underdeveloped in Rajasthan. Additionally, he claims that members of the Muslim population in Meo are viewed suspiciously.

Since being elected, Ali has concentrated on promoting health and education in his district in an effort to improve the quality of life among the locals. "I've been striving to raise the standard of the public school system. Private schooling is not the answer. Even if I open schools and colleges in Nagar, the population will not be accommodated. Only a strong government education system can be advantageous to everyone, he notes.

On the health sector, he



underlined that in the past, 95% of women's delivery cases were directed to private hospitals because of the appalling state of the government-run facilities in the villages. At different levels, Ali's initiatives have improved the situation. By addressing their difficulties on many venues, he has also helped Muslims and other oppressed communities.

Ali has used public interactions to call attention to the lack of law and order and corruption in various offices. In numerous instances, he has tried to use his influence as an MLA to improve society and right the wrongs. He most recently brought up Amin Kayamkhani's suspension with the education minister after the

teacher called the Minister's attention to the Urdu subject being neglected in schools.

As a consequence of Ali's persistent efforts, the State Budget for 2023–24, which was presented to the Assembly last month, included a significant number of announcements for the development of the Nagar Assembly seat. The announcements covered the creation of an agriculture college, the installation of a fecal sludge treatment facility, the upgrading of Khoh and Jaluki village panchayats to sub-tehsils, and the construction of a hostel for females from minority communities.

In 2019, Ali and five other BSP MLAs joined the ruling Congress, claiming that their goal was to maintain the stability of the State Government. The action was taken in response to claims that the BJP was courting BSP legislators in an effort to replicate Karnataka-like unrest in Rajasthan. During the political crisis in 2020 brought on by the mutiny of the then-Deputy Chief Minister Sachin Pilot, Ali and his fellow MLAs backed Chief Minister Ashok Gehlot. They also supported the Congress candidates in the Rajya Sabha elections in June 2022.

Ali was able to persuade voters during the election campaign of his sincere motives. "In the Nagar constituency, which has 20% Muslims, voters from all castes supported me. The voters believed that I had forgone my Australian luxuries in order to accomplish something for them, he says with delight.

"In addition, I have dismantled the concept of communalism and hate campaigns, which are employed to advance politics. Everybody has put their trust in me," claims Ali. Nem Singh of the Samajwadi Party came in second, and Anita Singh of the BJP was demoted to third in the election results. Ali won with a margin of 25,467 votes after receiving 62,644 votes.

In August 2022, Ali was subsequently chosen to serve as the Chairperson of the Rajasthan State Food Commission. Since 2013, he has been involved in the Meo-dominated region, supporting the people there in their difficulties and bringing up their concerns with the government.

Before and after his election as an MLA, Ali's selfless and committed work in the eastern Rajasthan region has served as an example of how young, educated Muslims may affect change by working in a variety of public service positions.

The common people of the Nagar constituency, who have placed their trust in Ali's leadership, are optimistic that he will raise the bar for public service and give the underdeveloped area a new identity.

# Human Welfare Foundation Signs MoM for woman's Empowerment in Jalna district



Aurangabad: A Memorandum of Understanding (MoU) was signed by the Human Welfare Foundation (HWF) and RailTel Corporation of India Limited to work together on corporate social responsibility (CSR) project that will promote healthcare and woman's empowerment in a number of villages in the Jalna District of Maharashtra.

The project's objective is to empower residents of the chosen villages to solve nutrition and health issues and to set up femaleowned businesses that generate money. The initiative will concentrate on two areas of activity: the creation of self-help groups for managing menstrual h y g i e n e (MHM) a n d telemedicine.

Two connected initiatives are part of the project. While the second would operate a mobile unit manned by healthcare specialists to facilitate specialized online consultations and offline solutions for common people in selected areas, the first will focus on menstruation hygiene in a few chosen communities in the Jalna District.

The initiative, which will be implemented over the course of a year in six villages in the Jalna District Chikali, Dalegaon, Kedarkheda, Loangaon, Chandai, and Rajur would be financially supported by RailTel Corporation of India Limited.

Two self-help groups made up of 60 women will be formed as part of the project's activities, and they will be in charge of distributing sanitary napkins to the communities. In addition to providing a means of support for the women, the project will educate local women and young

girls about the advantages of using sanitary products, menstrual cleanliness, and other health-related topics.

In Jalna District villages, the project aims to provide infrastructure, training, health, and medical facilities; to encourage hygienic menstrual practices among rural women and adolescent girls; to eliminate stigmas and taboos associated with menstruation; to facilitate genuine information and guidance to reduce hospitalization; to empower girls by addressing gender issues; to provide comprehensive mobile health care services; and to improve the physical and mental well-being of rural women folk. All beneficiaries of the scheme are also eligible for free doctor teleconsultations from a team of doctors.





#### Mohd Nazeer Ahmed

Politics is the name of Service and Sacrifice, but in India, it is not Politics but a deep-rooted conspiracy against the people of India in the name of politics resulting in reducing the entire population of the country into a voting class and ruling class, so that the voters will be voting forever and the rulers will be ruling forever. It is the reason that the Congress party started Secular politics instead of constitutional politics. In fact, the constitution of India runs on two wheels namely secularism and socialism. Without socialism, secularism is merely a

#### Deep-rooted Conspiracy in the Name of Politics and Democracy

slogan (jumla). The Congress party by declaring politics of secularism, the other politics left for BJP or any other parties is the only politics of Communalism thereby; Congress is mainly responsible for derailing constitutional politics. As a result, the birth of Both secular and communal politics which is divisive, confronting one against the other to set the country on fire and destroying the Native shudras, the Dalit and the Adivasison one side and the Muslims and the other minorities on the other side in the name of Communal Clashes, which is the order of the day, should it continue?

All the political parties are headed by the ruling class and the selection of candidates is also in their hands, the entire administration and even the EVM are also in the hands of the ruling class and the voters have nothing in their hands except to vote them to strengthen the hands of their parties without any alternative to watch the destruction of peace and prosperity of our country and its people.

Nowhere in the world not even in our neighboring countries like Bangladesh, Nepal, and Pakistan this kind of Secular and communal politics exists. Till this kind of politics is changed there is no change in the future of this country and its people. We may have to face the worst days for our country if this kind of politics continues.

#### REMEDY

The Muslim Ummah especially the Ulamas who were at the forefront of the struggle for Indian independence, should unite to struggle for political change by opposing both the Communal and secular politics.

1- The Ruling Class cannot be the head of parties and the selection of candidates of their choice to serve them but not the voters thereby, producing the slaves of the Ruling Class as MLAs and MP's.

2- Justice demands if the heads of the parties are belonging to the

Ruling Class then the selection of candidates to serve the Voting Class should lie in the hands of the voting class or at least for a change 50 percent of the selection of candidates should be left to the choice of the Voting class. If this is also not acceptable to the Ruling class then the only third option left is to form the parties of the Voting Class maybe in a hut instead of building and strengthening the parties of the Ruling Class to see the worst days for the Country and its people

Lastly, if nothing is possible then strive to unite the existing parties of the Voting Class and work to build them.

Former Member of BDA (Bangalore Development Authority)

# To fight climate change, an Islamic seminary in southern Pakistan turns to Fruit Plantations



The aerial image taken on March 26, 2023 shows the Jamia-Tul-Uloom-il-Islamia seminary in Hala, southern Pakistan. (AN Photo)

**KARACHI:** A seminary in southern Pakistan has set a new trend for religious schools as it cultivates large swathes of land to mitigate the impacts of climate change.

Pakistan contributes less than 1 percent of the global greenhouse gases that warm our planet but its geography makes it one of the country's most vulnerable to climate change.

Last year, one-third of the country was submerged by unprecedented

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monsoon floods that claimed the lives of more than 1,700 people and caused an estimated \$30 billion in damage.

Located in Hala village in Sindh, a province that was one of the worst affected by the floods, the Jamia-Tul-Uloom-il-Islamia boarding school also saw its orchards destroyed, which made it even more determined in its tree-planting drive.

"What's happening due to climate change makes it essential for us to

plant more and more trees to stop its adverse effects," Umar Farooq, who supervises the institute's agricultural land, told Arab News. The seminary, which is also a trailblazer in introducing science alongside religious education, has been planting trees for the past four years.



It now has 8,500 mango trees, 1,400 date palms, and a lemon orchard.

"Seeing the havoc that floods wreaked recently, we will have to plant more trees," Farooq said. "We have been expanding our orchards with the help of scientific methods."

When it was established in the 1950s, the school received farmland to grow crops and meet its administrative needs. The idea was unique as most Islamic

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#### IV Correspondent

Mumbai: The spiritual leader Syedna Mufaddal Saifuddin advised his Dawoodi Bohra community members to lead "Daur-e-Quran" sessions during the blessed month of Ramadan. During "Daur-e-Quran" sessions, people sit in a circle and recite a few verses from the Quran one after the other. The goal is to finish reciting the entire Quran in this way. Dawoodi Bohra members from all around the world conducted these classes at their homes, community Masiids, and community centres as instructed by Syedna.

"To set up the framework and handle the administration of these sessions globally, a committed team was mobilized. According to Shabbir Husami, who oversees Academic Affairs at Mahad al-Zahra, a Quran faculty of the community's Aljamea-tus-Saifiyah Arabic Academy, a follow-up module was created as well to help

### Bohra community held "Daur-e-Quran" sessions during Ramadan across the world

those organizing the group recitation sessions and keep tabs on the number of groups formed and participants.

Over 6,900 Daur-e-Ouran sessions have been held during Ramadan," he stated. "Approximately 65,000 young and old Dawoodi Bohras in India and abroad have participated."

Some people found that reciting the Quran aloud in a group environment helped them to better their pronunciation and comprehension of the verses. while others used these gatherings as a means to connect and learn from one another. "The group recitation sessions have given me a great opportunity to gain selfconfidence and deepen my understanding of the Quran," said 38-year-old Abbas Bhatia of Dahod in Gujarat. I'm excited to



participate in more group recitation sessions during the year as this was my first time doing so. For instance, more than 12 community centres in Dahod,

Gujarat, have organized more than 90 groups for doing these daily group recitations.

These collective recitations were also led and attended by Dawoodi Bohra women at various community facilities. Amena Tambawala, 65, from Mumbai, shared her experience by saying, "At the beginning of the group sessions, I used to struggle with reciting the Quran fluently. However, being a member of the group recitation programme has

given me the courage to perform in front of an audience. I've made incredible strides thanks to the encouragement of my fellow participants.

Syedna Mufaddal Saifuddin has broadened the scope of Quran memorization and the Daur-e-Quran programme in the community by building on the foundation set by his revered father. His goal is for "there to be at least one hafiz in every Bohra and Muslim household," as he stated when he presided over the 63rd Annual Convocation of Aligarh Muslim University.

### Rumman Ashraf tops

### Bihar Board 10<sup>th</sup> exam and secures 489 marks



Patna: Mohammad Rumman Ashraf, a student from Islamia High School in Sheikhupura, topped the Bihar School Examination Board (BSEB) 10th Grade Exam in 2023 with a score of 489 (97.8c/o).

Rumman, who is from the Sheikhpura area of Bihar, claimed that he put in a lot of effort during the session and that the effort paid off in the end.

I love to close; football and

cricket, but I stopped playing as exams got close, the man admitted. Rumman said he wants to join the army. He continued by saying that Dr. APJ Abul Kalam is his motivation and that he wants to accomplish more in life.

"In the future, I want to join the National Defense Academy," Rumman said.

At a news conference Bihar's minister of education, Dr. Chandra Shekhar announced the exam results. This year's Class 10 BSEB exam results have been made available to the public and 81.04% of students passed in total. The first-place finisher will receive a cash prize of Rs. 1 lakh from the Bihar Board officials this year, while the second-and thirdplace finishers will each receive cash awards of Rs. 75,000 and Rs. 90.000.

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#### Nikhat Fatima

Building character and integrity, not just building careers is what the teachers strive for, in this 110-year-old school 'Ashraful Madaris' located in Yakutpura, one of the oldest localities of the historic city of Hyderabad.

Founded in 1918 by Janab Ashraf Ali Sahab, the school has both girls and boys and it caters to the poorest of the poor section of the slum area of the Yakutpura. Ashraful Madaris which is originally an Urdu medium school has recently started English medium in the year

Ashraul Madaris is not your regular run-of-the-mill school. Standing on 2 acres, it has a large playground with sports facilities, a good library, 30 classrooms, and qualified staff the highlight of the institute is moral and Islamic education, teaching the Arabic language, Quran Nazerah and other subjects of Deeniyath.

#### Killing Urdu and Urdu medium schools

The school has produced several successful students who have gone on to achieve great laurels in their careers. Two of the alumni who stand out are the late Syed Abid Hussain, a recipient of Padma Bhushan and the late Sved Turabul Hassan, an IAS bureaucrat.

While time and again many

#### Ashraful Madaris - An Urdu Medium School Fighting for Survival



students have studied from Urdu medium and topped their exams and carved successful careers, the language is still being sidelined and pushed to the extent of extinction. One such step is the ban on the appointment of teachers in Urdu medium Government-runand aided schools; making books and literature for children in Urdu unavailable, all of which have led to a drastic decrease in the strength of the Urdu medium school.

In order to keep the century-old school alive, the school management started an English medium school in 2008.

"The Government is trying its best surreptitiously to end support for Urdu medium schools so that eventually the Urdu medium schools will shut down and the language will die a slow natural death because there will no longer be new generations to learn Urdu" said Adv. Khalid Hasan, Principal of the school and also General Secretary of Awami Insaaf Movement.

The unavailability of textbooks of all subjects because they are not printed in sufficient numbers and even the absence of chapters in the school syllabus on Muslim freedom fighters, religious figures, scientists, writers and other prominent personalities either English or Urdu is discriminating as it leads to the young minds doubting the contribution of Muslims in nation building, he further shared.

#### Day boarding - a unique feature of Ashraful Madaris

Day boarding school has been established onthe 1st of Nov, 2021 for boy students of High School (8th, 9th and 10<sup>th</sup>). The day boarding school is a unique methodology where students of Urdu medium come to school right from the morning prayers at 5:30 AM after which they do some physical exercises, and then study Islamic tenets and the Holy Quran. After breakfast, they join the regular school and study according to the Telangana State Board syllabus. Afternoon prayers are followed by lunch for all Urdu medium students, supplied by the Govt through their mid-day meal scheme. In the evening, after some refreshments and games, they revise the day's lessons and do their homework. After the night prayers and dinner, they head home by 8 pm.

The rationale for establishing this facility is to provide intensive moral and spiritual education for 2 hours in the morning, 2 hours of supervised study, 5 times prayers and tutorials in the evening supervised PT and games, healthy breakfast, lunch and dinner. This is good for character building, removing stunted growth and malnutrition and providing a healthy mind in a healthy body with spiritual strength.

The day boarding is running successfully and is appreciated by the parents and the students. **Initiatives adapted to survive** 

The school management is struggling to keep the Urdu school alive. It is an aided school and the fees are nominal. The nearby schools are running in small packed buildings with no playground yet people prefer going there because these schools are English Medium. No private school offers Urdu Medium education apart from Ashraful Madaris.

Mr Maqsood Ali, School Leader, says, "We are trying to get donations from generous people so we can waive off the fees of the poor students. A majority of

our students are orphans or their parents are daily wage labourers and they cannot pay even the nominal fees. What we are offering in our school is far better than the other schools, yet due to extreme poverty, our students are unable to afford quality education."

The expenses of the schools (English and Urdu medium) come to around Three lakh rupees monthly which are still difficult to manage for the management given the poor economic condition of the students resulting in a low collection of fees.

Apart from keeping Urdu alive, the school Principal and the management endeavour to provide nutritious and free midday meals, adding substance to what the Govt supplies, school uniforms and books for Urdu medium students, provide computer classes, digital education through projectors, start an NCC (National cadet corps) centre, provide scholarship to deserving meritorious students along with sessions on life skills, legal literacy and career guidance.

"We wish to give to the community educated, welltrained, dedicated and healthy children who will grow up to be responsible citizens and lead the community towards progress. And we hope the community will reciprocate and enrol their children in our school", said Khalid Hasan, the principal of the institute, in conclusion.

#### Appeal to the community

Ashraful Madaris - like the name suggests - Madaris (which is a plural of Madrassa), the educational society runsother educational institutes viz., primary and high schools of both Urdu and English media, National Institute of Technical

>>> Page 7





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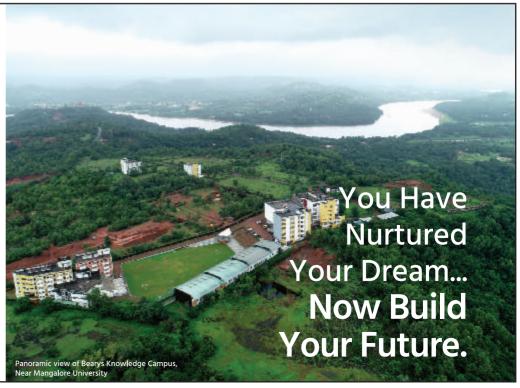
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GIBRALTAR- PRNewswire: In March 2023, IQ Option, the leading online trading platform, introduced Islamic accounts to its Android users. Islamic accounts are meant for Muslim traders who were unable to trade due to religious restrictions on overnight commissions or swaps, which are considered usury and prohibited by Sharia law. Thanks to the IQ Option Islamic account, Muslim traders can now operate the market without consequences for their faith and from the device of their choice.

### Benefits of the IQ Option Islamic account

- Zero-swap trading. The Islamic account has no swaps traders can extend their positions to the next trading day for free, without having to pay any overnight commissions. This feature is great news for Muslim traders who were previously unable to trade on this platform.
- Exclusive halal assets. Islamic account users have access to 21 exclusive halal stocks. These are shares of companies that do not sell alcohol and tobacco, as well as companies that are known in the Islamic world and traded on Islamic exchanges.

List of IQ Option Islamic

#### IO Option's Islamic Account is Out on Android



#### account assets

Infographic

https://mma.prnewswire.com/me dia/2053692/IQ\_Option\_Islamic \_assets\_Infographic.jpg

- One-time fee. IQ Option's Islamic account is cost-effective, with a one-time commission of just \$1. Unlike with other competitors, traders are not required to make huge deposits to open an account. Instead, they just pay a small fixed amount once and use the Islamic account for life.
- Personal account manager. All IQ Option Islamic account

holders are assigned a personal account manager, a feature previously reserved only for VIP account holders.

• Easy switch. The registration process is easy, and traders can get an Islamic account on their own without contacting support. Note that for now, registering an Islamic account is only possible on desktop, but after the registration, traders can log in to this account from any Android device.

How to register the IQ Option Islamic account

#### If you are new to IO Option:

- 1. Register a standard account on the IQ Option website first. You will only need your email.
- 2. Log in with your email and password and click on your profile icon
- 3. Press the Islamic account activation link.

Infographic

https://mma.prnewswire.com/media/2053694/IQ\_Option\_traderoom\_Infographic.jpg

- 4. Deposit \$10 or an equivalent in your account currency.
- 5. Soon after that, your Islamic account will go live and you'll be able to trade on the IQ Option platform.

### If you already have an IQ Option account:

- 1. Log in with your email and password and click on your profile icon.
- 2. Press the Islamic account activation link.
- 3. Make sure you have at least \$1 on your account balance.
- 4. Énjoy your Islamic account!
  Just as standard IQ Option accounts, Islamic accounts are also available in **regular and VIP statuses**. To upgrade your account

to VIP, you need to deposit \$3,000+.

May 2023

#### IQ Option Islamic account Geography

The Islamic accounts are available for traders from 20 countries, including Algeria, Bahrain, Bangladesh, Egypt, India, Indonesia, Iraq, Jordan, Kuwait, Lebanon, Libya, Malaysia, Morocco, Oman, Pakistan, Qatar, Saudi Arabia, Somalia, Tunisia, United Arab Emirates, and Yemen.

#### **Bottom line**

IQ Option's new feature aims to cater to the needs of Muslim traders, who were previously excluded from the trading market due to religious restrictions. With the introduction of Islamic accounts, IQ Option hopes to promote inclusivity and provide equal opportunities for all traders. The IQ Option Islamic account comes at a one-time fixed fee of \$1 and features 21 halal stocks for trading. Users can trade without any "haram" swap fees and get a personal account manager to address any questions.

(SOURCE IQ Option:https://www.prnewswire. com/ae/news-releases/iq-optionsislamic-account-is-out-onandroid-301797627.html)

#### Saudi Arabia Planning World's Most Expensive T20 Tournament



Saudi Arabia is planning to launch the world's most lucrative Twenty20 cricket tournament, according to media reports in Australia.

High-level discussions have

begun between the Saudi government and owners of Indian Premier League (IPL) teams.

Saudi Arabia has reportedly been in touch with administrators, players, and coaches from many countries for at least a year, however, most of these discussions have been private.

With the establishment of this cricket league, Saudi Arabia looks to attract more eyes to their country through sport, as well as accomplish their goal of being the top tourist destination for Indians. As per the report, Saudi Arabia will take the help of the Board of Control for Cricket in India (BCCI) and IPL owners to organize their cricket league. The nation already has an established relationship with Indian cricket administrators, with Saudi Tourism Authority being the official sponsor for the IPL this year.

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### Ashraful Madaris - An Urdu Medium School Fighting for Survival

training, Ashraful Madaris MahilaSanatkar and Ashraful Madaris challenger junior college. But to run the higher level institutes, the primary level institutes need strengthening. Despite being an aided school, the Ashraful Madaris Urdu medium school is witnessing a fall in its strength every year even though the results of the school are impressive.

The committee which is doing its

best to keep the torch burning want the well-wishers of the institute and those who want the community to progress in the field of education and lovers and promoters of the Urdu language to contribute in whatever way they can so the end result is the sustainability of the institute and excellent output from the school. (For more information you can contact School Principal Adv. Khalid Hasan on 9291523184)

**«**Page 2

# Supreme Court will hear Polygamy and Nikah Halala matter after Vacation

Rights Commission (NHRC), National Commission for Women (NCW), and National Commission for Minorities (NCM) parties to the PILs and asked for their responses. The judges on the bench were Justices Indira Banerjee, Hemant Gupta, Surya Kant, M.M. Sundresh, and Sudhanshu Dhulia.

According to the JUH's petition, the organization works to safeguard Muslim communities' civil rights as well as their religious freedoms and traditions. It also works to maintain and promote Islamic heritage, culture, and places of worship.

The head of JUH's legal aid

committee, Maulana Gulzar Azmi, emphasized that the polygamy and nikah halala concerns had been set aside by the five-member bench which heard the triple talaq case. Since that time, evil forces have been utilizing some so-called Muslim women to undermine Muslim Personal Law. They had filed a combined plea with the Supreme Court, which a three-member bench chaired by the Chief Justice of India heard, in an effort to get the court to declare polygamy and nikah halala to be illegal.

According to Gulzar Azmi, the Supreme Court is being used to meddle with Islamic law, which will be resisted to the very end by the Jamiat Ulama, and we are also completely prepared for it. Halala marriage and polygamy are both permitted under Islamic law, according to Gulzar Azmi. It cannot be repealed for the sake of fundamental rights and equal rights because these are mentioned in the Holy Quran.

mentioned in the Holy Quran.
The joint petitions filed by
Ashwini Kumar Upadhyay,
Nafisa Khan, Mualim Hussain
bin Mohsin and Samina Begum
have sought to declare nikah
halala and polygamy as illegal
which violates the fundamental
rights of women under Articles
14, 15, and 21 of the Indian
Constitution.

# **\*\*\***

# Admissions are going on in Jamia Tazkiyatul Banat Bangalore

#### (Madrasa Education along with School Education)

Brothers and sisters of Islam! As you know, the news of our girls becoming apostates and being atheists is being published day by day. Until Islam is properly introduced and the delight and sweetness of faith and Islam are not tasted, then the daughters of the ummah cannot get rid of this epidemic.

In view of this need, the officials of Jamia Tazkiyatul Banat Bangalore has organized madrasah education (Nazira, Hifz, Alima & Da'iya Courses) as well as the modern education (from First Standard to Second PUC) in Madrasah itself with accommodation and food, under the guidance of great Islamic scholars and the supervision of qualified and experienced female teachers.

Parents and guardians who wish to improve the future of their girls can enter from Wednesday, April 26, 2023 according to 5th Shawwal-ul-Mukarram 1444 AH.

Contact for admission and more details:
Muhammad Yusuf Baig Nadvi Qasmi: 8971211234

Published by: Members & Trustee of Jamia Tazkiyat-ul-Banat Noor Nagar Bangalore

**«**Page 1

#### AlHashmi said that the coin will be launched to the public in May but did not specify a date.

"We started with private sales mode for a reason. We don't want people to think that we are using the word 'Islamic' to play on their emotions and then moving on to become an investment in something they don't know," he told Arabian Business.

"We did some market research and found out that Bitcoin, for example, has become the most famous and successful coin because they have the 'first mover' advantage, and it was the first coin," said AlHashmi.

"When you look at Ethereum, they were the first to start smart contracts. So, there is a common factor here: being a 'first mover' in something that addresses community needs. I came to the conclusion that if we want to do something successful and meaningful in the blockchain and crypto world, then we should bring something that we are the first movers in and then it should address the needs of and add value to the community."

#### Halal: A Growing Market

The global Islamic finance market is expected to reach over \$3.69 trillion by 2024, fueled by a growing interest in Sharia compliant finance. The Halal products market is projected to reach more than \$4 trillion.

"It's not only about food anymore, it's also about

# Islamic Coin: World's first Sharia-compliant cryptocurrency to launch in May, co-founder reveals

healthcare products, cosmetics, how to make sure that everything is really Halal and fits with community ethics and values," AlHashmi said.

The global Muslim community has grown to over 1.8 billion people, which represents a huge untapped and "underserved" market in the crypto world, said AlHashmi adding that Islamic finance is being embraced by non-Muslims worldwide.

Interestingly, at least 50 percent of private sales made in Islamic Coin came from non-Muslims.

"There is no clean ecosystem and environment where Muslims or people who follow Sharia compliance can come and do their projects in."

"By this, I don't mean that Bitcoin or Ethereum or other coins are not halal. I cannot judge, but if you look at the available blockchains in the market, it will not make sense that for example, I put a Shariacompliant project in a blockchain that at the same time has a casino project, a gambling project, or another project that charges interest—these would all conflict with Sharia principles."

"There is always a need to have a clean environment where people can put their projects without having a doubt or thinking: is this halal? Is this haram? Is this Sharia compliant?"

The Haqq blockchain is eco-



Islamic Coin's co-founder Mohammed AlKaffAlHashmi

friendly and has been built in a way that is compatible with Ethereum, making it easy for people who build their projects there to migrate them somewhere else or integrate them.

Ten percent of every minted Islamic Coin goes to Evergreen DAO, a non-profit virtual foundation focused on long-term sustainability and community impact, to fund community projects. However, the coin's cofounders don't decide on what projects should be funded.

"We don't have any influence over Evergreen. It has its own system, which will be launched in Q3 of this year, and the community will be able to vote for the projects to be funded. Then it will go to the Sharia board to make sure it is Sharia compliant."

Islamic coin as appointed a Sharia board to decide whether a project is compliant with Islamic principles, which AlHashmi said includes the "top five" experts in the region. The board includes 40 banks, including Standard Chartered, Abu Dhabi Islamic Bank, and Dubai Islamic Bank, among others.

"When we say this, people think that we are trying to indirectly centralize it but that's not true because everything is welcome to put their project on our blockchain. But we have created something called the Sharia Oracle," he explained.

"Once you put your project in our blockchain, it is decentralized, we cannot say no to anyone so long as the project is Sharia complaint. You would need to go through the Sharia Oracle. First, the community would vote for it, then it will go to the Sharia court. Once that's happening, you get a badge or a sign that you're screened and Sharia compliant." "If you don't have it, you still can run your project on the Haqq blockchain but you will not have that mark that guarantees trust

The Sharia-compliant cryptocurrency is also targeting non-crypto native people, meaning that it will be relatively more resistant to the effects of the crypto winter – when the market goes through a tough period of company collapses, major fines, or massive drops in token prices. "Stay tuned. This project is going

with the community."

to have a very big future.
(https://www.arabianbusiness.co
m/industries/bankingfinance/islamic-coin-worldsfirst-sharia-compliantcryptocurrency-to-launch-inmay-co-founder-reveals)

:"There is always a need to have a clean environment where people can put their projects without having a doubt or thinking: is this halal? Is this haram? Is this Sharia compliant?"

### 14th 'Russia-Islamic World' Int'l Economic Forum to Be Held in Tatarstan



**TEHRAN (Tasnim)** – The 14th edition of the International Economic Forum "Russia – Islamic world" will be held in Kazan, the capital of the Russian Republic of Tatarstan on May 18-19, 2023 with the participation of representatives from 64 countries and 59 regions of the Russian

Federation.

According to the scheduled program, more than 140 expert-level sessions will be held in this prestigious forum, mainly related to the topics in the field of Islamic financial affairs and the halal industry.

In addition, 2B2 conferences will

be held on the sidelines of this Forum, which include "Russia-Turkey", "Russia-Indonesia", "Russia-Egypt", "Russia-Azerbaijan", "Russia-Malaysia" and "Russia-Iran".

The International Economic Forum "Russia-Islamic World" was held for the first time in Tatarstan in 2009 with 250 participants.

Bolstering cooperation between Russia and the Islamic world has been cited as the main aim behind organizing this forum. It is a platform for boosting the synergy of economic, scientific, technical, and cultural programs through the Organization of Islamic Cooperation (OIC).

**«**Page 4

### To fight climate change, an Islamic seminary in southern Pakistan turns to Fruit Plantations

boarding schools in South Asia rely on external funding.

But it was only with the treeplanting drive that this potential began to be realized, as Jamia-Tul-Uloom-il-Islamia's management observed that its orchards could bear fruit that could be sold for income.

"We have planted orchards in the surrounding fields, which will improve the weather conditions and also increase the income and resources of our seminary," Maulana Muhammad Ahsan Bhutto, the seminary's administrator, told Arab News.

The management is aware of the worsening impacts of the changing climate and is trying to engage students as well in efforts to mitigate it, at least to lessen their contribution to global warming and raise awareness.

"We teach our children to plant trees in their areas," Bhutto said. "We ask every child to plant one tree annually and look after it."

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#### Imtiaz Ali Faheem

I got a return call from my friend on the third day, he was embarrassed and apologized again and again. I said I was surprised that you never delay the ring back, why?

For the first time in our relationship, I called you eight times and you didn't answer for three days, so I was worried, God bless you, you are fine, he laughed and said, I am ashamed of you, but I am by God. Please, I am well, and healthy, and Allah Ta'ala has saved me from all kinds of troubles and pains, but I was on "Digital Fasting" for three days. That's why I couldn't answer you in time, the term digital fasting was foreign to me so I stopped and asked "What do you mean, what kind of fasting have you started doing in Ramadan?" He laughed and then said in a satisfied voice, "Javed sir, I switch off my mobile, internet, and television for three days every fortnight, this is

mydigital fast."

"These days I completely avoid telephone calls, e-mails, and social media, I don't even watch television and I don't even read newspapers" This was a surprise to me even though I listened to him attentively. Started, he said, I only read books, and take morning walks in these three days.

I go to the mountains, walk in the streets and parks, eat samosa chaat, sit on the bench in the common tea houses and drink milk, feed the birds, play with the rabbits, get up early in the morning, and see the sun. Watching sunrises and sunsets, playing with my grandchildren, and lecturing children in government schools.

I take out my old clothes and shoes and distribute them, walk with Begum, eat with her in a good restaurant, drink tea and coffee, go to photo exhibitions, visit bookstores, and so on. I go to angry friends' houses and appease

### Digital Fasting

them, I do all the things in these three days that I can't do on normal days because of the *digital wall*.

I laughed and asked "And sir, what is this digital wall?" He also laughed and said, "The digital world has built a wall between us and nature and between us and people. We now even see squirrels on Instagram and Twitter. We also see friends, relatives, and enemies. Meet on Facebook.

We also talk to our loved ones on WhatsApp, now we meet engineers, doctors, teachers, and Qari on a video call and we also listen to Maulvi Sahib's sermon on YouTube lives.

All these gadgets are good and useful and life without them is unimaginable but at the same time they are destructive to our life, why? Because it has stood as a wall between us and life and because of this wall, we humans today are also experiencing

frustration, tension, and anxiety, we are also becoming patients of blood pressure, diabetes, and cancer.

It is true that in today's age, we cannot be separated from the digital world but we can connect ourselves with real life by keeping at least a *half-daydigital fast* and I have been doing this for the last three to four years.

I fast for three days after 15 days." I asked, "What is the benefit of this?" He said, "My tension, depression, and anxiety levels come down immediately, and my blood pressure and sugar are also fine. It happens and I start to see and hear, I start to see my wife, my children, and my grandchildren.

I also start seeing cypresses and cypress flowers and sparrows on them and quail hiding in the trees, my test buds also improve and I start to taste carrots and radishes.

I also feel the coffee and tea coming into my body and I am happier than on normal days and my relationships with other people are also better - he said the mobile phone is everything in our life. A bigger problem.

As soon as we hold it in our hands, our life, our life is no more, it is at the mercy of social media, WhatsApp, calls, SMS, Emails, and tension and depression-filled audios and videos. And we begin to die from within after that

So I suggest you live without mobile and television for one day in your life, your outlook on life will change, and you will see and hear the people sitting in front of you in a few moments.

In a few moments, you will see the wrinkles on the mother's face and hear the laughter of the little boy or girl, you will feel the peace on the face and the coolness in the mind and the last thing is "He stopped, took a long breath and said" and the last It will make your day longer and your night quieter, believe me, 60% of our day is consumed by social media.



#### Naqi Ahmad Nadwi

Some people are confused all their lives. They do not know what to do or where to go. Our friends turned out to be the same type. As children they were confused about how they were born and when they grew up, they were more confused about why they were born. They leave no stone unturned to think and describe themselves as the most intelligent, alert, and effective, but even in this effort they remain confused about whether they have succeeded or not

Confused people are also very lazy. It is a sign of their laziness that if their bus goes on, they will spend years in Rome. Don't leave. But the wonder is that they never admit themselves to be lazy. The disease of lethargy and confusion is such that even the sick person does not know that he is sick, sick, or maybe not. It is not a small disease, not a big one, thus they remain confused. This is the reason that their whole life is spent in the middle of what to do. Such people do nothing but think a lot. Thinking enters their system because lazy people can't use their hands, so they use their brains and they don't need to move, and lazy people suffer from movement, that's why you need lazy people. Will listen to the talk. They talk big not because they must do something, but because they want to impress you.

A major characteristic of confused people is shooting arrows in the air. Today he will announce a great plan. Another day will come with an even bigger plan. Each plan will seem

better to them than the first plan, they also make plans to make their own plans. And this whole game takes place in the brain. In the same bowl, the upheaval continues, the whole process of Shaksht and Rekht continues in the mind of the same 250 grams, there comes a time when they try to peek out of this process, it is found that where They were there yesterday, and they are still there today. They travel less physically and more mentally. Sometimes they go so far in this journey that they get confused as to where they were.

However, one of the qualities of confused people is that they do not harm anyone, nor do they hinder the development of the country or any work of the society, because they are not able to do anything. Whatever he does, he is in a state of thinking and the history of the world is a witness that no one has been harmed by thinking. Such people are not useful for society, if not harmful. They cannot steal because stealing requires decisive power which they lack. Confused people are not even dishonest because the longer they stay confused, the sooner someone else is going to blame them. They can't even kill you, because as long as the battle between killing and not killing you is going on in their mind, it's long overdue. That's why sometimes I think the whole country should be confused because it will at least reduce crime.

Now just think, how good it will be if the Prime Minister of our country is made a confused man. Five years will pass in confusion, then when the time of the election will come, he will give such confusing answers that the questioner will also be confused,

### Confused Man



and when both the questioner and the answerer will be confused, then the listener will be confused. In this way, an entire country can be protected from crime. That's why I also think that if you're reading this and you're getting confused, that's a good thing because I've gotten confused

myself trying to confuse you. So always remember that there is some goodness hidden in something in the world, it is a different thing that we don't always see that goodness.

(The Writer from Riyadh, Saudi A r a b i a , E m a i l : naqinadwi2@gmail.com)





#### Zeenat Akhtar

Alwar (Rajasthan): A new era for the empowerment of Muslim girls in the Mewat region has begun with the setting up of the Alwar Mewat Institute of Education and Development (AMIED), a volunteer, non-profit, and non-governmental organization, five years ago.

The "Initiative for Better Tomorrow" project was launched by AMIED, based in Alwar City, with the intention of preventing underage marriages by encouraging teenage females'

To help girls accomplish their senior secondary education, the NGO offered to arrange residential programmes, bridging courses, and remedial classes. Parents in 25 villages of the district were persuaded, and the locals mobilized to send girls to the government-run hostels from the villages where only illequipped primary and middle schools were operating.

Young females from the backward Meo Muslim community have finished school, college, technical, and vocational education as a result of the project's effective execution, and some of them have started e-Mitra centers in the villages for the benefit of the locals. Girls in the area used to get married when they were 12 to 14 years old.

Noor Mohammed, the founder of AMIED, described the project's outcomes as being quite positive. He said that until a few years ago. people in the area thought that girls should only help out around the house and in the fields during the crop sowing and harvest seasons. Now, a new generation of educated and self-assured girls has emerged in the area.

Talking with Islamic Voice, he said with assistance from the Digital Empowerment Foundation and a mobile phone manufacturing company, about a dozen women and girls have launched their own e-Mitra center. These solar-powered educational institutions are also used to provide digital education and

### NGO AMIED brings a sea change in an Educational and Social Environment in the backward Mewat Region



reproductive health counseling, as well as to inspire girls and their families to pursue further education.

One of the project's beneficiaries, 21-year-old Rukmina of the village of Bidarka, is also the happy recipient of a prize granted by the Kishangarh Bas Sub-Divisional Officer on last year's Republic Day in honour of her work promoting digital services and empowering women. She manages an e-governance facility in the community while pursuing her bachelor's degree.

One of the 80 females from almost a dozen villages in the Kishangarh Bas block who have finished high school and are pursuing higher and technical education is Rukmina. This first group of girls was produced in the area, where the female literacy rate was a dismal 10% until ten years ago, thanks to extensive educational intervention.

Rukmina is regarded as an entrepreneur whose e-Mitra center offers online services to the villagers. She is the daughter of a landless laborer who toiled hard to become in command of the work sites under the Mahatma Gandhi National Employment Guarantee Scheme. "I also use this location as a platform for schoolgirls, providing them with study advice. It is quite satisfying to be the first female graduate of grade XII in Bidarka, stated Rukmina.

Villages like Jilota, Medabas, Musakheda, Ismailpur, Ghansoli. Chorbasai, and Kolgaon can see the effects. Every day, a group of six girls walk from Bagora village to Kishangarh Bas to attend college. These females have no intention of getting married till they finish their studies.

The programme, which was supported by an American philanthropic foundation, also resulted in the formation of organizations known as Mewat Balika Manch, which hone girls' abilities and offer subject-specific preparation for board exams. In addition, gatherings of the general public and workshops led by Maulvis and Ulema are frequently held to discuss measures to stop the dropout of females from

Three girls from Rukmina's village have enrolled in the Kishangarh Government Post-Graduate College at the block headquarters, and one, Sakunat, the daughter of Sarpanch Jamshed Khan, has relocated to Bharatpur to attend the Agriculture College while Rukmina is pursuing a bachelor's degree from an open university. Since Bidarka only has a government middle school, many ladies are residing in Kishangarh Bas hostels to finish their XII education.

Similar to this, Shabnam Bano, 23, from the adjoining village of Mirzapur, is the first woman from her family to complete a polytechnic diploma programme and enroll in an engineering institution. She graduated from the Laxmi Devi Institute of Engineering & Technology in Alwar with a B.Tech. Shabnam claimed that even though she had persuaded her parents, she had to overcome tremendous opposition from the people who believed that education tainted

the brains of girls. She could now enroll in the polytechnic college in Alwar

With the addition of basic amenities to its buildings and steps to increase teacher capacity, the AMIED has also built "smart classes" in the schools in partnership with the child rights NGO Plan India. The Alwar district's Ramgarh and Umren blocks are home to these schools, which have received financial support from a Finnish industrial organization.

According to Noor Mohammed, the effort attempted to create an environment that may motivate rural families in the Meodominated blocks to enroll their kids in government schools. "The Meo Muslim, Dalit, and Other Backward Class children were either attending private schools or not going to school at all," he claimed.

Underlying the bitter fact, Noor Mohammed said the first generation of Meos, who is currently pursuing an education, are frequently demoralized by the lack of a support network at home or in the community.

Only the private schools had developed as an alternative, despite their low quality, due to the lack of basic amenities in the school buildings, high dropout rates, and local communities' disinterest.

The project's AMIED activists visited 25 schools over the course of three years, offering advice to the faculty, staff, students, and village elders on how to improve the educational system, fortify the school development and management committees, increase access to water, sanitation, and hygiene, and make significant infrastructure improvements.

In remote tehsils and villages like Jatpur, Choreti Pahad, Jhareda, Ghegholi, Naharpur, Palka, Dhandholi, and Goleta, there are schools for the primary, upper primary, intermediate, and senior secondary levels. The schools were also given scientific laboratory equipment and materials on Mewati literature, English language instruction, and Rajasthani history.

The project's Building as Learning Aid (BaLA) concept, according to Rajwati Yadav, a teacher at the Government Secondary School in Dadar, used the existing infrastructural components as learning resources and helped the students in the primary section become proficient in counting objects, spelling words and performing simple calculations

Following the successful interventions, the AMIED has noted an increase in the average result of schools in the project's area to 87.33% for the secondary board examination and 89.86% for the senior secondary exam. Additionally, 32 females have earned a spot in the elite Gargi Award of the State Government. With the model initiative, the government schools in the area have turned around their dropping enrollments and rising dropout rates. Better lavatory facilities, bigger classrooms, and the K-Yan device, a "knowledge vehicle" that integrates a fullfeature multimedia computer with a projector and audio system and is powered by solar energy panels, have all promoted interactive learning and boosted the self-confidence of girls.

The performance of up to 25 government schools operating in the Ramgarh and Umren blocks has improved since the project's introduction. The project has improved its facilities and been successful in drawing children from underserved communities to public schools.

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Moin Qazi

The Our'an is the Word of God, revealed to the Prophet Muhammad through human language. No other sacred scripture has ever had a similarly immediate impact upon the lives of the people who first heard its message and, through them and the generations that followed them, on the entire course of civilization. The Qur'an comprehensively answers the question, "How shall I behave to achieve the good life in this world and happiness in the life to come?

The Qur'an is an "open" book, a spiritual and moral resource that, properly understood, provides Muslims with helpful guidance through the complex maze of modern life. The Qur'an came to speak to all of humanity. However, it came to say not in a vacuum but within a historical context. Hence, its immediate objective was the moral and religious situation of the Arabs of the Prophet's time

The Qur'an is a compendium of admonitions, commandments, prescriptions, proscriptions, injunctions, edicts, and sermons. If the Our'an is the divine word of guidance, the Prophet's life is a model that transmuted its message into a persona. He was the Qur'anic figurehead who best expressed the ideals of the Islamic faith in human incarnation. He was sent with this Book to serve as an allembracing code of ethics, morality, and religious duties that would last unto eternity. Just as the Qur'an embraces every facet of human life, so does the life of the Prophet to penetrate with exceptional versatility the domain of human experience, both public and private.

While there are several translations of the Qur'an in several languages, they cannot substitute the original Arabic, where we can see the real import of the verses through their application to our changing context. While every language has words and concepts which have no counterpart in others, oriental languages are saturated with words that are invested with meanings not recorded in dictionaries. I have always carried a conviction that English is not adequately equipped to convey the subtleties of an Eastern language like Arabic, whose individual words are laden with great luminosity. Finding an exact and concise equivalent in English for Arabic words is virtually impossible. Hence all translations of the Qur'an are, at best available

### The Spirit of the Qur'an



translations. One of the most evident problems in the translation of any religious text is the differences between the culture of the original text and the new culture for which the text has been translated in cases where there are doctrinal differences among groups within the faith, competing translations of ambiguous passages tend to arise.

For too long, a group of narrowminded elite religious clerics has usurped the power to interpret the Qur'an. It is time even ordinary Muslims get to be part of the process, whatever their background whatever their level of knowledge. Rather than being told by clerics what to think, Muslims everywhere must return to the religious duty of actively participating in interpretation which can only come from a lively debate. The Muslim community is, fortunately, developing a new understanding of what it means to be a Muslim in the 21st century and understand the Qur'an from the Our'an itself

It represents the ultimate manifestation of God's grace to man, the eternal wisdom, and the most divine beauty of expression: The accurate word of God. The Qur'an is an "open" book a spiritual and moral resource that, if properly understood, provides Muslims with helpful guidance through the complexities of modern life. It came to speak to all of humanity. However, it came to say not in a vacuum but within a historical context. Hence, its immediate objective was the moral and religious milieu of the Arabs of the Prophet's time.

Westerners think of Islamic societies as backward-looking, oppressed by religion, and inhumanely governed, comparing them to their enlightened, secular democracies. But measuring the cultural distance between the West and Islam is a complex undertaking, and that distance is

narrower than they assume. Islam is not just a religion, and indeed not just a fundamentalist political movement. It is a civilization and a way of life that varies from one Muslim country to another but is animated by a familiar spirit far more humane than most Westerners realize.

Sadly, even when Qur'an repeatedly urges every Muslim to use reason to ponder over the universe and recognize the bold signs of God's presence, we have left no place for self-reflection. There is absolutely no place for individual conscience or intellectual engagement. The way Islam is presented makes it seem that belief doesn't come from a personal path of inquiry and revelation but by accepting what others believe without challenging them by simply offering one's mind as an empty receptacle.

The tragedy is best exemplified in the widely believed dictum that 'religious scholars (the ulama) have solved all our problems. There is nothing more to do. An instrument from which traditionalists derive immense power is ritual. It is difficult to walk into a mosque, almost anywhere in the Muslim world, without someone scolding you for not performing the ablution correctly, praying in the wrong way or not on time, not having a beard, or not wearing clothes according to a particular code or not being pious enough. Traditionalists also have a knack for silencing arguments or dissent by quoting hadiths. Indeed, herds of traditionalists roam the streets checking people's faith (iman) and beliefs (aqidah), ensuring that they perform their rituals according to their dictates and are appropriately dressed with the right facial furniture.

The reforms that took place in the early years of Islam are progressive, changing with the needs of society. However, the more detailed rules that the classical jurists laid out allowed

many pre-Islamic customs to continue and also reflected the needs, traditions, and expectations of the society in which they lived instead of continuing the progressive reform that was started during the time of the Prophet. The trajectory of reform begun at the time of the Prophet was thus halted in the medieval period through further elaborating figh, which was then selectively codified in the nineteenth and twentieth centuries. The example of progressive reform from the beginning of Islam must be used to address the needs of the people

The regressive changes which devalued women were due more

to 'cultural' or societal forces rather than religious factors. More specifically, with the onset of the Abbasid period, women's autonomy and role in society became circumscribed as Arabs started adopting other cultures in their expansive domain. Even after the Prophet's death, Muslim women who were active members of the society were notably absent from the community during this period and lived in seclusion and dependency. Consequently, the laws that were created during the Abbasid period and came to be part of the "orthodox texts" of Islam are contradictory to the Prophet's teachings regarding equality and justice between genders. Women were conspicuous by their absence in the formulation of these rules.

The Qur'an is an "open" book a spiritual and moral resource that, if properly understood, provides Muslims with helpful guidance through the complexities of modern life. It came to speak to all of humanity.

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documentation, which, with any luck, will open the door for corrective action.

In his observations on the report, Dr. Apoorvanand, a well-known activist and professor at Delhi University said at every level there is systematic prejudice against Muslims. Citing a provision of the legislation that makes triple talaq a crime, he called it a blatantly discriminatory

He claimed that the government prefers to portray its programmes as serving all groups and being community-neutral. Apoorvanand cited Finance Minister Nirmala Sithraraman's recent remarks made on foreign soil in which she said that Muslims are content in India because of its growing Muslim population.

According to Dr. Bano Jyotsna, one of the report's authors, the Sachar Committee report's exposure to Muslim discrimination was a turning point in the study of underprivileged societies. According to the Sachar Committee report, Muslims experience targeted biases in all major indices, including those related to employment, businesses, health, and education. Amitabh Kundu Committee and Ranganath Mishra Commission recommendations that offered action-based solutions to elevate underprivileged Muslims in 90 districts where Muslims made up at least 30% of the population were made in response to this report. Sadly, they remained only ideas. We looked at 10 of the 90 districts that the Sachar Committee selected," she stated. The SPECT study, she continued, is the first in a series of reports that will further expose the marginalisation of Muslims.

The districts on which the report focused are Araria, Purnea, Kishanganj, Katihar (Bihar), Dhubri, Kokrajhar (Assam), Malda, Murshidabad (West Bengal), and Shravasti and

### The social audit report of 10 Muslim-concentrated districts exposes the hollowness of "sab ka saath, sab ka vikas" slogan

Balrampur (UP), according to Dr. Sajid Ali, another author of the paper. According to him, there are about 1.4 crore Muslims in these districts, or 5% of all Muslims in

Furthermore, he emphasized that the selection of these districts had been influenced by the Bharatiya Janata Party's (BJP) targeting of them for a number of reasons. such as allegations of population increase and "illegal infiltration" from neighbouring countries.

"Our modus operandi was to pit the state aggregate of government scheme benefits vis a vis these districts. We collected data even on block and tehsil levels to know the ground situation. We found that Muslims have experienced discrimination in areas including employment, education, and housing. Many encounter barriers to achieving political power and wealth and lack access to health care and basic services. Moreover they often struggle to secure justice after suffering discrimination, despite constitutional protections," Dr Ali stated. Despite residing in extreme depravity, he maintained. Muslims encounter discrimination from fellow Hindus and law enforcement authorities, including the police, and it is rumoured that their numbers are growing every year.

He claimed that the report dispels the misconception that Muslims, particularly pasmandas (backward) Muslims, received a proportionate share in the Pradhanmantri Awas Yojana. Muslims only received 31% of the allotments in one district but made up 48% of the population. The figure was lower in other districts,

The research emphasizes the lack of infrastructure and facilities in all the neighbourhoods with a large concentration of Muslims.

According to the audit report, the Muslim population in the ten

selected districts has been deprived of basic resources and amenities more than other regions of the country, indicating a lack of preferential treatment or 'appeasement" of Muslims. This data challenges the prevailing narrative that Muslims receive favorable treatment and opportunities over other communities.

The report highlighted the poor socioeconomic conditions in four districts of Bihar. These districts had lower literacy rates than the state average, and the studentteacher ratio in schools was also significantly higher than the state average, indicating inadequate educational infrastructure. The report also exposed systematic discrimination against minorities in the distribution of government schemes. Despite a significant low-income population, only 31.20% of the beneficiaries of the Pradhan Mantri Gramin Awaas Yojana (PMGAY) in these districts were Muslims, which is 17.5% less than the Muslim population's total average. The report also revealed that there was a higher demand for work under the Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) in these districts than the state average between 2014-15 and 2020-21. The COVID-19 pandemic exacerbated the already dire situation.

The report discredits the myth of population explosion among Muslims in two districts of Uttar Pradesh. In Shravasti, the decadal population growth (DPG) was -5.02% between 2001-11, representing a decline of 32.23% from the previous decade. In Balrampur, the DPG increased marginally compared to other districts. The literacy levels in both districts are lower than the state average, with Balrampur at 49.51% and Shravasti at 37.89%, compared to the state average of 57 25%

The NFHS-5 data further reveals that only 16.8% of women in Balrampur have completed ten or more years of schooling, while the state average is 39.3%. Shravasti also has poor health infrastructure, ranking as the poorest district in Uttar Pradesh.

The report reveals that the situation is similar in the two districts of Assam included in the audit. Kokrajhar has witnessed a decline in the number of functional lower primary schools, while Dhubri and Kokrajhar both have poor infrastructure and health outcomes. In the West Bengal districts of Malda and Murshidabad, where Muslims make up 51% and 66% of the population, respectively, the BJP has targeted the rising population due to infiltration from Bangladesh. However, the report indicates that the decadal population growth in both districts was negative, discrediting the BJP's propaganda. The report also highlights the poor state of education and health infrastructure in these districts.

In addition, the report criticized secular parties for giving in to the "appeasement" narrative created by the BJP, which is motivated and prejudiced. As a result, these parties often avoid addressing the problems related to the marginalization of Muslims.

Professors S. Irfan Habib, Nandini Sundar, and Dalit campaigner Anil Chamadia also spoke at the event and supported the study. They emphasized how it exposes the federal and state governments, which seem to uphold secularism but engage in communalism when it comes to empowering Muslims.

A nonprofit organization called the SPECT Foundation carried out a development audit in ten districts to highlight the economic status of Muslims under the Modi government, which has as its catchphrase "sab ka saath, sab ka vikas." The tagline appears to be nothing more than eyewash, though.

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#### Muhammad Alamullah

These are some of the phrases that often abused and neglected children around us hear from their parents or elders. Often people try to hide such abuse under the guise of Islamic rights. Verbal abuse or physical abuse is done unconsciously, and we are not even aware of its dangerous effects. Of course, it is a pathetic attitude that someone A person is not ready to bear the consequences of his actions. Some people even deny its psychological and scientific effects on personality.

Ignoring child abuse, especially when it is perpetrated in the name of religion, is dangerous because it often has far-reaching effects. The effect of this negative behavior can remain in the youth of the person who is abused, even in his education, which burns, confuses and destroys the person throughout his life. Leave aside the talk of parents or elders, many times this attitude of Islam and Allah himself. Abjuration from the Prophet (peace and blessings of Allah be upon him) may cause aversion to Allah.

However, how sad it is that in our society, abuse, mistreatment and violence by parents or family elders is considered acceptable, but a proper process for their education, even though it is a part of our society. There is a disease that is constantly destroying our home and family and we don't even realize it.

Many times this kind of behavior is allowed by parents as well as other relatives and in the name of honor of the family we remain silent or make the child a victim of blame. What has happened is said and we do not even notice it. Rest assured, such abuse can have serious consequences, affecting the child negatively as he grows up and affecting his mental or physical health. Well, this is not a problem in the city, but there have been several studies done in the West to investigate the long-term consequences of child abuse, a few of which can be mentioned here:

It causes mental retardation, language impairment, and learning disabilities, poor physical health like heart disease, high blood pressure, and diabetes, mental illness, weak nerves, social problems, etc.

Similarly, behavioral problems such as sexual misconduct (especially in the case of rape), drug, and alcohol abuse, and abuse of others begin to emerge. After being abused by their parents or other family members, the relationship these children have with their elders is also weakened or broken, often permanently damaged. Sometimes getting their trust

### Loving Children and Respecting Self-Respect Is the First Step in Creating a Better Society



"God knows what sin I have done that He blessed me with unworthy children like you"

- "All my children have turned out to be worthless."
- "Don't talk to me like that again, or I'll pull your tongue out."
- "Heaven is under your mother's feet. Until I forgive you, you will remain in hell."

back becomes an impossible task.

After the new research, scientists from Harvard University are now saying to avoid hitting children because this behavior can lead to depression, anxiety, behavioral changes, and even addiction. It can be said that hitting children affects their brains in the same way that severe violence or abuse does.

Harvard University sociologists Dr. Katie McLaughlin and John Loeb have said in their report that slapping and physical violence damage children's brain development just as severe violence does. This can affect children's mental health, as well as affect the parts of the brain that play an important role in decision-making.

Although the study was short, it included 147 children who were being bullied at school or at home. The activity of the prefrontal cortex (PFC) in such children's brains is affected. Violence against children affects their development and the effects persist into adulthood. Experts have said that beating children causes depression, sadness, and anxiety.

Parents have a very high position in Islam. Not only has it been ordered to respect and honor parents, but they have also been asked not to disobey them. However, no abuse is allowed in the name of respect. Where the rights of parents are mentioned in the Qur'an, it is also said to establish justice and fairness, even if one does not respect one's parents Why should you not speak against your relatives?

There is a tradition that the Prophet (peace and blessings of Allah be upon him) said:

Itqwa Allah wadluwa bin oladakum("Fear Allah, and do

justice between your children.") (Sahih Bukhari) –

The words of another hadith are as follows:

Fila Tashahdni Aza Fani La Ashhad Ali Jor (Then do not make me a witness, I cannot be a witness for oppression.)

(Sahih Bukhari and Sahih Muslim)

These are some examples of how abuse by family elders can affect children. In each case, the abuse damaged the victim's mental health and sometimes damaged their outlook on religion and life in general.

Here we present some examples from our society, in which we will see what happened to children if this kind of behavior was adopted by parents or guardians. What is avoided?

My father is addicted to drugs. He cheated people, stole, and did every wrong thing he could because of his parent's behavior in the past. Yet if I ever comment on him, people tell me to be patient. They also say that he is your father anyway. They forced me and my siblings to give him huge amounts of money. especially when we get a stipend from our university, their eyes start burning as to why that money was not given to them. Once I told my mother about the money that I had given her, there was chaos in the house, he divorced my mother in anger and even today my father divorced me from her. Allege.

When I found out about his addiction, I found out about anonymous support groups and started going to them every week. These visits were comforting to me rather than showing any negative attitudes that I had to change.

They even refuse my offers to buy food or clean their apartment and tell me they are not happy with me so I will never smell like heaven.

Several times I had nervous breakdowns and panic attacks. Once I was convinced that what my father had said was true. I felt very bad at that time and even thought of suicide so that I would not be a burden to those around me. The only time I still hear them is when they need money. My son died and came to the hospital and did not meet us. He called me months later and said he wanted to meet his first grandchild. After that, he asked me to lend him some money. When I refused and expressed my compulsion, they said they don't want to give it to us.

After many years, I realized that my duty as a Muslim son did not require my constant physical presence in my father's life. I know now that my dua for them is the most important. This process is going on and I hope that Allah will guide them.

Another young man said that there is no need to speak or tell anything about the relationship between parents and children. Our entire existence is a declaration of gratitude to our parents. How many of us have all the childhood memories of our fathers in our hearts? There can be a thousand and one reasons for this. If I constantly see someone misbehaving with my mother or abusing my children, how can my heart be a mirror for that person? Even if he is my father in the relationship and he has a bad attitude toward me. Is it possible for anyone to forget the agony of his mother's sobs, her humiliation, slapping her on the face, or throwing the pot and scolding her for the slightest lack of salt in the food?

We all have such incidents or similar incidents in our memory. At the time when our mother is being abused, we are not worthy to hold our father's hand, but we feel a lump in our hearts. If you demonstrate, what will this movement be called? Hypocrisy? It is also a tragedy that we have a lot of this advice that don't make a mistake in front of the father, the father has such a virtue, even if he breaks bones, it is his right, but it is surprising that these preachers talk about this aspect. Almost equal, what is the right of the children to the father? So far, the emphasis is on saying that all the rights and virtues belong to the father, and the emphasis of all the teachings is on convincing the children what they must do. As fathers, we may feel it is futile to keep reminding them of their responsibilities towards their children.

Thousands of such examples can be given which we see around us day by day. Are the children or children responsible for this or equally are the parents who have destroyed and ruined the lives of their children by constantly tormenting them? In this regard, we need to seriously consider that we are not unconsciously becoming villains and disgusting people in the eyes of our children.

People need to be awakened about this through Friday sermons and other means that we hear about parents' rights everywhere, but children's rights and self-respect are generally kept silent in our society. For the establishment of this healthy society, we must not only eliminate this behavior but also discourage such parents and guardians wherever we see this kind of behavior.

Islam has emphasized the establishment of a better society and this society is possible only when the rights of all are protected. We are told from childhood that respect for elders and love for children are important parts of Islamic teachings. Adults care about literature, but children are deprived of love.

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After the new research, scientists from Harvard University are now saying to avoid hitting children because this behavior can lead to depression, anxiety, behavioral changes, and even addiction. It can be said that hitting children affects their brains in the same way that severe violence or abuse does.





#### Ibrahim B. Syed

Happiness is a sense of well-being, joy, or contentment. When people are successful, safe, or lucky, they feel happy. Happiness is a feeling of pleasure and positivity. When someone feels good, proud, excited, relieved, or satisfied about something, that person is said to be "happy". Feeling happy may help people to relax and to smile.

Happiness is usually thought of as the opposite of sadness. However, it is very possible to feel both at once, often about different things, or sometimes even about the same thing. You will feel excited too when you are happy. Happiness can also be inspired too.

Happiness, in the context of mental or emotional states, is positive or pleasant emotions ranging from contentment to intense joy. Other forms include life satisfaction, well-being, subjective well-being (SWB), flourishing, and endaimonia

Since the 1960s, happiness research has been conducted in a wide variety of scientific disciplines, including gerontology, social psychology and positive psychology, clinical and medical research, and happiness economics.

#### **Defining Happiness**

Any serious discussion about happiness must first begin by attempting to define what we mean by the term happiness. In general, happiness can be thought of as an emotional state that reflects a high level of mental and/or emotional well-being. Current scientific perspectives typically frame happiness as a complex binary construct that encompasses subjective elements of both effect and cognition that contributes to well-being. Subjective well-being

### The Science of Happiness

(SWB), "represents people's beliefs and feelings about whether they are leading a rewarding and desirable life, SWB is definedas "a person's cognitive and affective evaluations of his or her life as a whole," including evaluations of emotional reactions to life events, and also cognitive judgments about satisfaction and fulfillment, and especially in important life domains, such as marriage and work.

### What is the Science of Happiness

It's all about the science behind what happiness is and how to experience it, what happy people do differently, and what we can do to feel happier.

### Recent studies have shown us that:

- For Americans money can only buy happiness up to about \$75,000 after that, it has no significant effect on our emotional well-being.
- Most of our happiness is not determined by our genetics, but by our experiences and our day-to-day lives.
- Trying too hard to find happiness often has the opposite effect and can lead us to be overly selfish.
- Pursuing happiness through social means (e.g., spending more time with family and friends) is more likely to be effective than other methods.
- The pursuit of happiness is one place where we should consider ditching the SMART goals; it may be more effective to pursue "vague" happiness goals than more specific ones.
- Happiness makes us better citizens it is a good predictor of civic engagement in the transition to adulthood.
- Happiness leads to career success, and it doesn't have to be "natural" happiness researchers found that "experimentally

enhancing" positive emotions also contributed to improved outcomes at work.

• There is a linear relationship between religious involvement and happiness. Higher worship service attendance is correlated with more commitment to faith, and commitment to faith is related to greater compassion. Those more compassionate individuals are more likely to provide emotional support to others, and those who provide emotional support to others are more likely to be happy. It's a long road, but a direct one!

### The Scientific Research on Happiness at Work

There's been a ton of research on the effects of happiness in the workplace. Much of this is driven by companies who want to find a way to improve productivity, attract new talent, and get a dose of good publicity, all at the same time. After all, who wouldn't want to do business with and/or work for a company full of happy employees?

Although the jury is still out on exactly how happy employees "should" be for maximum productivity, efficiency, and health, we have learned a few things about the effects of a happy workforce:

- People who are happy with their jobs are less likely to leave their jobs, less likely to be absent, and less likely to engage in counterproductive behaviors at work
- People who are happy with their jobs are more likely to engage in behavior that contributes to a happy and productive organization, more likely to be physically healthy, and more likely to be mentally healthy.
- Happiness and job performance are related—and the relationship likely works in both directions

(e.g., happy people do a better job and people who do a good job are more likely to be happy).

- Unit- or team-level happiness is also linked to positive outcomes, including higher customer satisfaction, profit, productivity, employee turnover, and a safer work environment.
- In general, a happier organization is a more productive and successful organization.

To sum up the findings so far, it's easy to see that happiness at work does matter for individuals, for teams, and for organizations overall. There is a relationship between happiness and productivity.

#### Research shows:

- 1. Happiness is linked to lower heart rate and blood pressure, as well as healthier heart rate variability.
- 2. Happiness can also act as a barrier between you and germs happier people are less likely to get sick.
- 3. People who are happier enjoy greater protection against stress and release less of the stress hormone cortisol.
- 4. Happy people tend to experience fewer aches and pains, including dizziness, muscle strain, and heartburn.
- 5. Happiness acts as a protective factor against disease and disability (in general, of course).6. Those who are happiest tend to live significantly longer than
- 7. Happiness boosts our immune system, which can help us fight and fend off the common cold.

those who are not.

- 8. Happy people tend to make others happier as well, and vice versa those who do good, feel good!
- 9. A portion of our happiness is determined by our genetics (but there's still plenty of room for attitude adjustments and

happiness-boosting exercises!).

- 10. Smelling floral scents like roses can make us happier.
- 11. Those who are paid by the hour may be happier than those on salary (however, these findings are limited, so take them with a grain of salt!).
- 12. Relationships are much more conducive to a happy life than money.
- 13. Happier people tend to wear bright colors; it's not certain which way the relationship works, but it can't hurt to throw on some brighter hues once in a while just in case!
- 14. Happiness can help people cope with arthritis and chronic pain better.
- 15. Being outdoors especially near the water can make us happier.
- 16 The holidays can be a stressful time, even for the happiest among us an estimated 44% of women and 31% of men get the "holiday blues."
- 17. Happiness is contagious! When we spend time around happy people, we're likely to get a boost of happiness as well.

### How is the Brain Wired for Happiness?

Our brains come already designed for happiness. We have care giving systems in place for eye contact, touch, and vocalizations to let others know we are trustworthy and secure. Our brains also regulate chemicals like oxytocin. People who have more oxytocin trust more readily, have increased tendencies towards monogamy, and exhibit more care giving behavior. These behaviors reduce stress which lowers the production of hormones like cortisol and inhibits the cardiovascular response to stress. (The author is the Immediate past president of Islamic Research Foundation International. Louisville, KY. USA, E-Mail: irfi.1988@yahoo.com)



#### Sana Rubiyana

We have a generation of men struggling to understand their anger, who act out in dysfunctional ways.

Many men are conditioned to be "nice guys" from a young age. They're raised with a sense of over-responsibility to caretaker the emotions of their parent figures.

#### This can look like this:

- Being the man of the house
- Showing a brave face
- Not looking for or receiving emotional comfort
- Not talking about their own emotions
- Projecting a false bravado
- Being told they're strong for pretending to be ok or unaffected. Nice guy syndrome creates a situation where men don't

#### Our Men Need Healing



understand their own needs and how to get those needs met. This leads to manipulative or dysfunctional behaviors to get the needs met. It's also why so many men are emotionally unavailable, emotionally immature, and unable to connect or soothe their romantic partners.

Young men often get this modeling from their fathers who engage in emotional repression or who condition them to be 'tough" at all costs.

### With a lifetime of nice guy syndrome can come:

- Anger or rage cycles
- Acting out behaviors in relationships: infidelity, sabotage, impulsive behaviors
- Depression
- Workaholism
- Hypermasculinity: a coping mechanism where a male creates a false self of being a "macho"
- Self-abandonment

- Addiction
- Violence: acting out in ways of violence to their own emotions as an inability to self-regulate

It is clear that our society has men who are deep in emotional suffering. Nearly 80% of suicides are men.

It's a myth that men are less emotional and not surprising that repressing their emotions and not understanding them causes issues. Research from Harvard shows male children are actually more emotionally expressive than female children by the age of six.

We must teach young boys that true strength is about vulnerability and understanding what they're feeling, learning to express it, learning how to emotionally connect with other people, and how to cope with anger.

(Psychologist& Rational Emotive Cognitive Behavioural Therapist, sanarubiana@gmail.com)

### FARAH BUILDERS PVT. LTD. FARAH POLYSACKS PVT. LTD.

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Syed Tahsin

We see the abundance of Nature on our earth. The deep affiliation human beings have with Nature is possible because of "biophilia" which is an instinctive bond between human beings and other living systems. At the individual level, this bond breaks when we die. At a higher level, the Qur'an tells us that it is not just our life, the entire creation itself is transitory and everything will perish at the appointed time. Eternal life is in the hereafter. Those who are steadfast in religion and who do righteous deeds on this earth during their lifetime will be rewarded by God. They will dwell in heaven or paradise forever. The evildoers will be punished in hell. Thus, paradise is the goal of a true believer who is willing to bear any hardship in this life and hopes to be rewarded with the bounties of paradise by the mercy of Allah.

That makes us curious to know about paradise; what does it has, what does it look like, what are its colours etc. The answers are found in the Our'an itself and there are explicit passages describing paradise. The most prominent image of paradise given to us is that: it is a garden. There are more than one hundred and twenty references to the "Gardens" in the Qur'an and the most used phrase is the garden of paradise. Thus, Nature also exists in paradise and what is more, it appears to be its integral part. Lush green gardens, rivers, fruit-laden trees, and shade are key elements of paradise.

### Pre-Islamic Beliefs about Gardens and Heaven

The concept of heaven being a garden is a very ancient one and is believed to have existed around 4000 BC during the Sumerian period in Mesopotamia. The Babylonians have described their divine paradise as an immortal garden in the Epic of Gilgamesh

### Nature in Paradise



(2700 BC). In Jewish and Christian traditions, paradise is associated with the Garden of Eden. Thus, when the Qur'an spoke of paradise as a garden, it did not appear as a strange idea for Muslims. But the Qur'anic concept of a paradise garden differs from the other paradise gardens. The paradise garden is portrayed in the Qur'an as being an ultimate destination and a pinnacle of both spiritual and physical refreshment:

But give glad tidings. To those who believe and work righteousness, that their portion is Gardens, beneath which rivers flow. (Surah Al-Baqarah 2, Verse 25)

#### And again:

Allah hath promised to Believers, men and women, Gardens under which rivers flow, to dwell therein, and beautiful mansions in Gardens of everlasting stay but the greatest bliss is the Good Pleasure of Allah:That is the supreme triumph.(Surah At-Tauba 9, Verse-72)

#### Gardens Underneath which Rivers Flow

The most common refrain in the Qur'an for describing paradise is the use of the words: "gardens underneath which rivers flow" (Jannati tajri min tahtihalanhar). In fact, these words are repeated more than

thirty times in the Qur'an. Imagine the effect of a description of paradise with its landscape of lush green gardens, flowing water, rivers, springs, cool shade, colourful flowers and luscious fruits on people living in the scorching heat of the desert. Why only the people living in deserts? Even those living in modern cities would like to go on a vacation to places where there is plentiful nature and features like waterfalls. greenery, gardens, and flowers. Thus, paradise as described in the Qur'an has a universal appeal. At a more profound level. commentators have taken water as a symbol for the soul and therefore, the ever-flowing waters suggest purifying the soul.

#### Nature As a Reward

Nature in paradise is portrayed as being far superior to the Nature that we see on Earth and its beauty surpasses one's imagination. The description of running water flowing through these gardens gives a picture of tranquillity, comfort and beauty. Since the happy dwelling in paradise is permanent, there is security against death which removes anxiety and gives a heavenly feeling of contentment and happiness. What better motivation can exist to shun evil deeds and adopt righteous deeds?

The Qur'an describes the unseen

paradise using familiar words and objects which mankind can feel, understand, and imagine. Its impact is tremendous, and it has the hallmark of literary excellence:

And because they were patient and constant, He will reward them with a Garden and (garments of) silk. Reclining in the (Garden) on raised couches, they will see their neither the sun (excessive heat) nor excessive cold. And the shades of the (Garden) will come low over them, and the bunches (of fruit), there, will hang low easy to reach.(Surah Ad-Dahr76, Verse 12-14)

In contrast to the fire of hell which will greet the sinners, the righteous will be rewarded with silk garments, comfortable seating in a scenic garden, ideal weather and bunches of fruits which can be reached by hand.

### Chahar-Baghs of the Muslim Countries



The following passage from Surah Ar-Rahman gives a scenic description of paradise. The fruits, the gardens and the springs gushing forth water copiously and unceasingly are described in the most sublime manner. The repetition of the rhyming refrains: "Then which of the favours of your Lord will ye deny?"adds a special lyrical elegance to the passages. The use of this refrain 31 times among the 78 verses of this Surah has made this Surah a lyrical marvel and marks it out as one of the most preferred Surah of the recitersof the holy Qur'an all over the world:

But for such as fear the time when they will stand before (the Judgement Seat of) their Lord, there will be two Gardens(Verse 46)

And besides these two, there are two other Gardens,-Then which of the favoursOf your Lord will ye deny?-Dark-green in colour(From plentiful watering). Then which of the favoursOf your Lord will ye deny?In them (each) will be two springs pouring forth water in c o n t i n u o u sabundance:Thenwhich of the favoursOf your Lord will ye deny?In them will be Fruits, and dates and pomegranates:Then which of the favoursOf your Lord will ye deny? (Surah Ar-Rahman 55. Verse 62-69)

In the above verses, four gardens are described, divided into two pairs. The Islamic chahar-bagh (gardens with a four-fold design) is based on the description of paradise in the Qur'an and the Hadith. Fundamentally, it is upon this divine archetype that the *chahar*baghs were developed in most parts of the Islamic world from Spain and North Africa to Syria and Mughal India. The typical layout of an Islamic garden is divided into four quarters by water channels or walkways with a water fountain or basin at its centre. The Islamic Garden is embellished with trees, shrubs, vegetation and fruit trees planted in abundance which provide shade, food and colour. The other important components of Islamic gardens are the existence of pavilions, walls and gates which are also inspired by the description of paradise in the Our'an. The Our'an has not only conveyed the basic message of faith but has also inspired Arabs, Persians, Moghuls and Turks at different periods of history and in different countries of the world to establish gardens; thereby adding a tremendous amount of greenery to the environment. This speaks volumes about the power and influence of this holy book.

(The writer is the author of the book "Nature and the Qur'an- A Literary Insight" and can be c o n t a c t e d a t tahsin789@yahoo.com)



Dr. C.P. Habeeb Rahman

To promote leadership among Muslims and revive them from their backwardness the only solution is to revert to the context of the Quran and Sunnah.

On this foundation, history shows Muslims built a brilliant civilization that was the precursor to Western civilization. This was a historical fact.

Much could be done better if we had enough time to introspect, contemplate and involve professional management as a part of the development programme.

The whole world is rapidly

progressing in knowledge, technology and advances in management etc. This has enabled us to see multiple results unseen in earlier centuries. Constant research is being carried out on professional management, productivity, creativity, result-oriented behaviour patterns etc. all as a part of modern advances in management.

We commonly understand the human body by studying anatomy and physiology. The study of the mind is known as psychology. But there is one branch of human knowledge unknown to many of us. It is called **Ontology**. This is the study of being. The major problem with human beings is they do not behave like human beings. This results in failures,

### Ontology-

#### The study of Being

uffering etc.

Every human being is born as innocent as it is naked. Life itself starts as an empty vessel full of opportunities. As we grow the surroundings decide our future. A Prophet (Pbuh) says "Every child is born as a Muslim - fitrah (submitting to the law of nature) and parents and others mould to different sects and segments."

There is extensive research taking place around the world about Ontology. Study of humans as being. Between human being and Divine being the command word is being. How this is connected to each other is a new study, which is

unfolding in a new era of knowledge and wisdom.

Quran is the word of God that directly and explicitly connects human beings and divine beings. In fact, when I study modern development it looks as if they have been stolen from the Holy Quran and Sunnah. This is available freely for Muslims as a bonus. Unfortunately, Muslims are not aware of it.

Sadathullah Khan, editor of Islamic Voice has made extensive studies on modern findings along with Quran and Sunnah. He has produced a programme "Discover yourself". This has been widely acclaimed as one of the best workshops around the world in the USA, Europe, Africa, the Middle East, Asia etc.

Those who have attended have benefited.

This has a great impact on improving interpersonal relationships, developing creativity, productivity, profit, benefit and peace of mind etc.

It is my earnest and humble request to everyone that you participate in this workshop. This will give new insight and perspective to our faith and practices. It will enable us to discover who we really are. This will benefit success and bliss not only in *Duniya* but also in *Akirah* the final dwelling place for humanity. Insha Allah.... May Almighty Allah help us.

(President, SIAS, Chairman, Unity Care & Health Services Pvt. Ltd. Mangalore)

Aadil Farook

What comes to your mind when you hear spirituality?

In the West, spirituality is often confused with Yoga, meditation, and similar exercises for attaining peace of mind. I do not deny that inner peace is a fruit of spirituality, but it does not imply spirituality.

Islam has a very comprehensive, deep, and intense understanding of spirituality. There is a very high criterion for something to be spiritual.

Spirituality is the process and pursuit of inner purification, the unveiling of God, unlearning of false knowledge, the attainment of wisdom, the elevation of morals, the perfection of ethics, and selfrectification. It is a journey in which you slowly and gradually attain proximity to Holy Prophet (PBUH). The real purpose of spirituality is to purify your intentions to such an extent that you do everything only to please your Creator. It is an outcome of getting rid of worldly. egotistic, selfish, and materialistic desires. According to religion, a deed as big as giving birth to a country is worthless if there is no sincerity in the intent. You have to fight and conquer the strong impulse of the lower self (nafs e Ammarah) again and again till your last breath.

Spirituality is almost impossible without a spiritual master, mentor, guide, or teacher. Why? Because the lower self (nafs e Ammarah) in humans is such a deceptive, powerful, and complex entity that a person cannot analyze and judge his deed objectively without bias, prejudice, narcissism, and favoritism. Only a person who has crossed the spiritual path far ahead of him can rightly tell him why he did something and for what reason. Only a person who has walked miles ahead of him in this vulnerable way can determine if his heart, mind, and soul complied with spirituality. Secondly, the traps of Satan are so clever, brilliantly disguised, and beautified that only a man of superior spiritual level will tell him if he has been deceived or not.

There is no spirituality without religion. In the West, innumerable

### What is Spirituality and why is it so Unpopular?



people describe themselves as 'spiritual but not religious." Undoubtedly, you can be religious but not spiritual. However, you cannot be spiritual without religiosity. This misunderstanding arose because people assumed certain positive traits to be a sign of spirituality. Love, forgiveness, compassion, honesty, humbleness, generosity, patience, humility, simplicity, tolerance, sincerity, sacrifice, perseverance, and fearlessness are spiritual attributes if accompanied by the correct belief. These qualities alone in themselves do not qualify for spirituality because even an atheist can possess them. There is an immense difference between temperament and spirituality. The motive, psychology, and incentive of a humanitarian who is not a believer may be genuine empathy for others which is commendable. However, it is not comparable with the humanitarian efforts of a Sufi driven solely by the pure intent to earn the pleasure of God alone.

Spirituality is attainable when you sacrifice vour desires, wishes, wants, ambitions, goals, dreams, and passion for a higher cause, a Higher Being, a higher aim, and a higher plan. In this regard, you have three options. You do not give up on your objectives and remain far from spirituality; you give up on them and turn towards spirituality; God Himself will destroy all your plans and forcefully bring you toward the spiritual way. Most people would never adopt spirituality because it is giving them the signal that, "Your will, choice, preference, opinion, like, dislike is of no value whereas only the Divine Will is important." In simple words, YOU are not significant; only HE matters the most.

The second reason spirituality is unpopular is that it may bring a lot of suffering, tragedies, setbacks,

disappointments, and rejections, and let us be honest – no one wants that. Why is it so often associated with pain?

Rumi, one of the greatest spiritual masters ever, said, "The wound is where the light enters." We do not want our ego to be hurt because psychologically and emotionally, it is a painful experience. Spirituality is not attainable until and unless your ego gets destroyed – not once, not twice, not thrice – a thousand times indeed. Since human beings are highly egoistic creatures by nature, you cannot sell an idea that says no to the ego.

Here, any intelligent mind would ask why we need to suffer so much in the first place. It is because we need to understand the real purpose and true meaning of life itself. According to religion, the sole aim behind life in this world is seeking, discovering, and recognizing God as He is. There are many veils between man and God. These veils need to lift before we can know the reality of anything. These veils exist due to the false knowledge we learn since childhood from education, parents, society, motivational speakers, and best-selling authors. They have given us perspectives, concepts, definitions, theories, and opinions that oppose spiritual wisdom. We blindly follow them because they complement and endorse our desires. We never see them with critical lenses if they are actually in line with the essence and spirit of religion or not.

Why do the genuine seekers of truth suffer? The deeper, hidden, mystical, and secret meanings of everything are bestowed on them when, one by one, their wrong beliefs are shattered by real-life experiences that demonstrate that what they had thought and understood earlier was not the case

at all. Instead, what Quran and Sunnah say is the real thing. While an average believer pays lip service to revelation and prophetic traditions, a spiritual person goes through a sequence of circumstances, episodes, and events that leaves him with no choice but to affirm what religion stated many centuries ago. It is called faith in the real sense. This level of conviction cannot be developed by reading books, listening to sermons, academic studies, and intellectual pursuits. It is only possible after you have undergone something abnormal which goes against worldly wisdom, which challenges the phenomenon of cause and effect. The majority of people believe that everything is happening due to cause and effect. However, a spiritual person disbelieves it and realizes that not even a leaf stirs without God's will.

It is not something to be debated, argued, or discussed in drawing rooms; it has to be experienced, tasted, undergone, and understood from the deepest core of one's heart and soul. It is foolishness to share spiritual secrets with an ordinary man as he is a product of his mind which cannot understand spirituality through logic, science, and philosophy. It is only an actual connection and relation with your Creator which would make you comprehend it properly. That is why it is so unpopular because not many people in the modern age possess such a pure and potent link with the Almighty. This bond is far beyond any yoga, meditation, or well-being exercise. It will give you inner peace without any yoga, meditation, or well-being exercise. The Western form of spirituality can only guarantee a good life in this temporal world. It cannot give you anything in the eternal life after death which is the concern of religion. Islamic spirituality starts where its Western counterpart ends.

The third reason why spirituality is so unpopular is that we live in a world where all we hear about throughout our lives is success, achievements, accomplishments, glamour, pomp, prosperity, glitter, money, power, dominance, fame, and recognition. All these words are utterly worldly terms. We dwell in a society where our entire worth, value, importance, intelligence, competency, knowledge, and respect are judged based on these so-called positive aspects of life because they feed our ego to the fullest. No one wants to be a failure in the eyes of others. In spirituality, the opposite is true. Our worldly failures are an asset because they diminish or weaken our ego. Our false pride decreases by these failures. So, from a spiritual point of view, it is a blessing in disguise; it is a sign of real success that we will only realize on the Day of Judgment, However, this idea is not appealing to anyone because we want to safeguard our egos at any cost. So you cannot make spirituality sell and attract others. Spirituality, indeed, is only for the chosen people of God that He especially selects for His path. Only those who are blessed develop the capacity for selflessness. Only at His discretion, few people have a soul so refined and fine-tuned. In this quest, man sees his complete dependence on God hidden from the majority. Since it is a game of love rather than intellect, it is only for the beloved. It is a journey of untainted devotion, uninterrupted heartbreaks, unconditional virtue, and unending resilience. It is a test of genuineness rather than smartness. It is a tale of a man embracing characteristics even beyond the reach of angels. It is a

(https://www.newageislam.com)

story of why God did not listen to

angels when they opposed the

creation of man. When you know

divine love, you won't have better

things to do!

#### Dr. Salma

The Science of Homeopathy is an ancient law that was in operation thousands of years ago and became lost in antiquity-but the principle was still there waiting to be discovered.

The discovery came through a man called SAMUEL HAHNEMANN who was born in Germany in 1755 and obtained his M.D. degree in 1779. Through his experiments and research, he brought forth the law of drug action called SIMILIA SIMILIBUS CURENTIVE ("like cures like") which still holds

good. His other published works include ORGANON OF RATIONAL MEDICINE and MATERIA MEDICA PURA written from his personal proving and those of friends and family.

Hahnemann began his experiment taking CINCHONA BARK – the only known cure for ague in those days. He took very large doses of the concoction and to his surprise, he got the ague (Malaria).In diluting it the ague lessened, the more the remedy was diluted and shaken the quicker the cessation of ague happened. A discovery



was made, and Homeopathy was born again into the world!!

All homeopathic remedies, tinctures, pilules, etc. are made based on this "LAW OF SIMILARS" or LIKE CURES LIKE. Any person who is ill-who is with DIS-EASE can be cured by Homeopathy if their symptoms

-physical, mental, and emotional-agree with those of the remedy chosen from the *MATERA MEDICA*. A detailed case history helps the practitioner to pinpoint the correct remedy which will make you healthy again.

Homeopathy, apart from being a very safe and sure way of getting well, has many more advantages. For example, the pills are small, sweet, and easily dissolve on your tongue, thereby getting into your bloodstream immediately. You do not need to swallow them with water like tablets. They can be

given to old and young alike and to plants and animals. They have no expiry date.

Keeping a few commonly useable remedies like ARNICA (Leopard's Bane) for injuries and BELLADONNA (Deadly Nightshade) for any inflammations with you is an excellent idea always.

The writer is a Consultant & Teacher of Homeopathy, Bengaluru)

Dr. Salma

Practioner & Teacher of Homeopathy

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### Learning to Accept the Reality in Ranchi! The Discover Yourself Way!



#### Discover Yourself Workshop was held in Ranchi, on 11,12 & 13 March 2023 @ Hotel Sunrise Inn, it wasorganized By Allay Foundation, Kolkata.

#### Some of the Participants Share Their Experiences:

- At the age of 65 I learned so many things and the changes I feel in myself are the depth and hidden quality inside me that got enlightened after attending this workshop. It was beyond expectations.
- This workshop helped me to see the real me. I can change my internal condition of myself and not others.
- This workshop was great. The way our coach guides us and explains every single topic in a friendly manner is too good. Alhamdulillah, I learned a lot of things.
- Before the workshop I was very confused but after the workshop, all confusioniscleared, and my family members are very happy.
- Before the workshop I was in a state of unwillingness and now I am in a state of willingness to accept reality. I am at peace.
- Everyone has the knowledge and so had I, but I recognized and discovered myself after three days of the workshop.
- Before this workshop. I only listened to my mind and now I listen to my heart and deal with the situations from my heart.
- This workshop connects you to Allah and disconnects you from Evil.
- Before the workshop I was not able to distinguish between Haq and Batil and also there is evil in us.
- My Previous life was in denial mode and now, I have learned to accept reality, and find solutions to problems.
- The moment the coach said you are the follower of Satan (mind) it hit me. The workshop was very satisfactory, and life-changing, his sense of humor is awesome and loved the way he interacted.

MD TALHA NADWI: I have learned new and practical techniques. Your technique is useful and fruitful 80%. The workshop was fully practical, and I was practicing for a long time with some mistakes I was feeling. The techniques I got here I will try to apply my best. I want to train myself like you InshaAllah.

MAHMUD ALAM: It should be done everywhere irrespective of caste or religion. The workshop provided me the insights into introspection, which is the first step for development (Self). Some techniques I have learned for detoxification of thoughts, If I could succeed in implementing these techniques then Inshallah, I will have the journey towards OALB-ESALEEM.

NAZIA: I really discovered myself. Alhamdulillah! The benefits are beyond expectations. The most valuable three days of my life would have been missed. Before I didn't value time (my

word) but these three days have taught me the importance tokeep my word and be on time. I have stopped getting angry and my husband is the happiest one.

**AFREEN:** Before the workshop, I was always focused on others' faults and blamed others for my reactions. But now Alhamdulillah! I realized that I must change my internal condition. I could change myself and submit to reality and then only I will be at peace. From today I will be my word.

**DR AJAZ:** I was following some of the ways as per the Quran. There were many shortcomings present in me which I realized but could not find techniques to overcome them. Alhamdulillah, I got some ways and techniques, but I need further training to understand and discover myself.

LUBNA: My life was totally based on the external world where I used to think and do only what my mind said but now, I know to take the decision from the heart. I will submit to Allah and so whatever makes me close to Allah, Inshallah! Very valuable! Three days to change yourself for a lifetime.

TALHA: I am a changed person now. I will accept and submit to reality and will live in the 'NOW' present. To forgive someone was very difficult for me. Similarly, the apology was the toughest act for me but honestly, on the 2<sup>nd</sup> day of the workshop, I forgave many and apologized to four people. Now I am free from the burden. Jazakallah to you!

**SHAHIN:** Before the workshop, I knew that I had some issues with myself and I continually asked Allah, please guide me with my issues because I am a religious person. I knew that I must do something from the inside, but I did not know how to fight this, through this workshop, I finally won over my issues. Now, I can say that I connected with Allah (swt). I am happy and at peace.

### DISCOVER YOURSEL

#### WORKSHOPS IN PATNA

469- For Girl Students & Women

Dates: 08, 09, &10 May 2023 Venue: AMD 2020 Girl's Campus. Rukanpura, Bailey Road,

470- For both Men & Women

Dates: 13, 14& 15 May 2023

Language: English & Urdu

Venue: Bihar Urdu Academy Seminar Hall, Patna **Organized By:** 

> **Association of Muslim Doctors Patna** For details Contact:

1. Md. Sharique Idrees: 9135197372 2. Dr. Ataur Rahman: 9013345278

\*For Online Registration Click the link\* https://tinyurl.com/469-DYS-Patna-REG-FORM

# DISCOVER YOURSEL

#### WORKSHOPS IN BENGALURU

**472- FOR BOTH MEN & WOMEN** 

Dates: 27, 28 & 29 May 2023

Language: English & Urdu

**Venue: Muslim Orphanage Auditorium** 

Dickenson Road, Next to Hasnath Women's College

For details Contact: 500|- per 1. Md. Rafiq: 98804 55799 1,500 P 1. Ivid. Katiq: 98804 5579 2. Pyman: 98860 18125 3. Sarah: 99162 83458

\*For more Info & Registration Click the link\* https://tinyurl.com/471-DYS-BLR-MAY-23 VISIT: www.discoveryourself.in

### DYS LEADERSHIP RESIDENTIAL WORKSHOP IN KOLKATA

Dates: 19th to 28th October 2023 **Venue: Banabithi Resort** Sonarpur Road, Ghatakpukur, South 24 Parganas - 743502

**CONTRIBUTION:** Rs 30,000 / per Participant

ADMISSION: Only to those who have done the **DYS** workshop

Limited seats book now

**CONTACT FOR DETAILS:** Parvez Ahmed: 98363 74757 / 93398 64125 Yasmin Mehtab: 98041 21116

The Man and His Horse



A monk slowly walks along a road when he hears the sound of a galloping horse. He turns around to see a man riding a horse moving swiftly in his direction. When the man reaches closer, the monk asks, "Where are you going?".

To which the man replies,

"I don't know, ask the horse" and rides away.

#### Moral of the story:

The horse in the story represents your subconscious mind. The subconscious mind runs on past conditioning. It is nothing but a computer program. If you are lost in the program, the program controls you and leads you wherever it feels like.

Instead, when you become self aware, you start to become aware of your programs and start looking at them objectively. Once you become aware of the program, you start to control the program and not the other way around. (Source: https://www.outofstress.com/selfrealization-short-stories/)

### DISCOVER YOURS!

#### WORKSHOPS IN RANCHI

471- FOR BOTH MEN & WOMEN

Reg Fee: Dates: 20, 21 & 22 May 2023 Language: English & Urdu Venue: Hotel Sunrise Inn,

Main Road Near Daily Market, Ranchi - 834001

For details Contact: 1. Dr Khurshid Ansari 8603663397,

2. Md Tagiullah 9835370635

\*For Online Registration Click the link\* https://tinyurl.com/471-RANCHI-DYS-MAY-2023 Rabey Hasani Nadwi,94, renowned Islamic scholar, writer and president of All India Muslim Personal Law Board and the chancellor of Darul Uloom Nadwatul Ulama Lucknow passed away here on April 13 after a prolonged illness.

He was also a patron of the Islamic Figh Academy, India and the Vice President of the Aalami Rabita Adab-e-Islami, Riyadh (K.S.A.), a founding member of the Muslim World League.

Rabey Hasani Nadwi was born on 1 October 1929 at Takia Kalan, Raebareli, UP, India in the family of Rasheed Ahmad Hasani. He was a nephew of author and reformer Maulana Abul Hasan Ali Nadwi a.ka. Maulana Ali Miyan

At Raebareli, Nadwi attended his family's maktab for his primary education before continuing his study at Darul-Uloom Nadwatul Ulama. In 1957, he received his degree.

In 1952, Nadwi was appointed assistant professor at Nadwatul Ulama in Lucknow; in 1955, he was named the department's head; and in 1970, he was named the faculty's dean of Arabic.

He was honoured for his contribution to Arabic language and literature with a prize from the Indian Council of Uttar Pradesh and a Presidential Award.

In 1993, Nadwi was appointed vice

Lucknow: Maulana Mohammad Maulana Rabey Hasani passed away after a prolonged illness advice". His death is an irreparable loss to Ummah



chancellor, and in 2000, he was made chancellor. After Abul Hasan Ali Nadwi passed away, Nadwi was named rector

In 2003 he succeeded Mujahidul Islam Oasmi as the President of the All India Muslim Personal Law Board, a broad-based representative body of Indian Muslims.

Maulana Hasani Nadwai, who was renowned for his capacity for bringing people along, frequently counselled the community to eschew rage and violence in favour of patience and perseverance, particularly when it came to contentious issues like the Babri Masjid controversy and more recent cases of triple talaq and mob lynching of the innocent.

His ancestors include revered freedom fighter Sayyid Ahmed Shaheed.

Maulana Hasani 's death has shaken the Islamic world with scholars of repute terming his death "an irreparable loss for the Muslim community". He was buried in Raibareli.

The President of Jamaat-e-Islami

Hind, Sved Sadatullah Husaini, offered condolences on the demise of Maulana Rabey Hasani Nadvi. Stating that Maulana was a valuable asset to the entire Ummah. Husaini said "Maulana provided leadership to Muslims at a critical juncture as President of the All India Muslim Personal Law Board. Maulana will always be remembered for his valuable

services in various fields. Despite his age and various physical ailments, his active role in religious and social activities was enviable." The IIH leader said that "the death of Maulana is, undoubtedly, a great loss to the Muslim community of India, at a time when Muslims face various problems and challenges. I had the privilege of meeting him many times. However, I vividly remember the meeting at his residence in Nadwat Ulama four years ago immediately after becoming the Ameer of Jamaat-e-Islami Hind. Maulana offered great compassion and spoke for a long

Dr Zafarul Islam Khan, a former student of Maulana Hasani and the former chairperson of the Delhi Minorities Commission said, "He was good at fostering consensus. He never advocated for radical views. Everyone in Muslim society revered him equally, and n described his death as "An irreparable loss".

He was one among the fortunate few to receive Maulana Mian's academic training. He was, as Dr Khan put it, "a true heir" to Maulana Ali Mian in many aspects.

Jamaat-e-Islami Hind's vicepresident Salim Engineer called him, "the guiding light of the Personal Law Board."

"On the issue of triple talaq, he was of the opinion that this was a matter of reform and awareness within the community and not a matter of law," Mr. Engineer remembered.

Maulana Arshad Madani, president, of Jamiat Ulama-i-Hind(A), said," He was an umbrella for the Muslim world" and added that "With him around one knew there was a solution available for everything."

Expressing condolences, Firoz Ahmed, president of All India Muslim Majlis Mushawarat, said, " Hasani's selfless services for humanity shall be remembered for a long."

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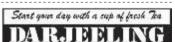
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App the Pilgrim can pin their tent and easily find guidance in every step as well as the tranquillity of Track your Family - Allowing users to track the

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- From the editor's desk of Salaam Haji







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